

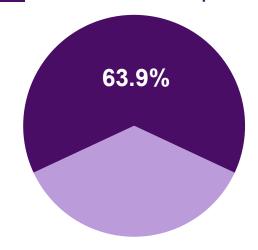
## cognitive <u>decline in south dakota</u>

## DATA FROM THE 2019 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In South Dakota, 9.5% — nearly 1 in 10 — of those aged 45 and over report they are experiencing confusion or memory loss that is happening more often or is getting worse ("subjective cognitive decline").

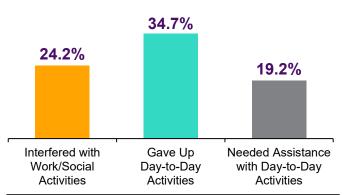
Nearly two-thirds of them have <u>not</u> talked to a health care professional about it.

For those with worsening memory problems, 40% say it has created "functional difficulties" — that is, caused them to give up day-to-day activities and/or interfered with work or social activities. Percent with memory problems who have not talked to a health care provider

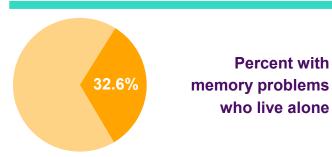


| Percent of Those Aged 45+ with Subjective Cognitive Decline |               |       |              |       |              |              |            |                        |                |                 |                 |  |
|-------------------------------------------------------------|---------------|-------|--------------|-------|--------------|--------------|------------|------------------------|----------------|-----------------|-----------------|--|
| <u>All</u>                                                  | <u>Gender</u> |       | <u>Age</u>   |       |              |              |            | Educational Attainment |                |                 |                 |  |
| 9.5%                                                        | <u>Men</u>    | Women | <u>45-59</u> | 60-64 | <u>65-74</u> | <u>75-79</u> | <u>80+</u> | < High<br>School       | High<br>School | Some<br>College | College<br>Grad |  |
|                                                             | 9.3%          | 9.7%  | 8.1%         | 9.0%  | 8.1%         | 9.2%         | 20.4%      | n/a                    | 8.7%           | 10.3%           | 7.0%            |  |

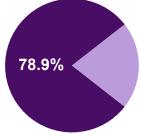
## Percent with memory problems who say it created difficulties and burden



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Percent with memory problems who have at least one other chronic condition\*



\*Defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes