



# dementia caregiving in Washington

DATA FROM THE 2022 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Washington (22.2%) is providing care to an individual with Alzheimer's or other form of dementia.

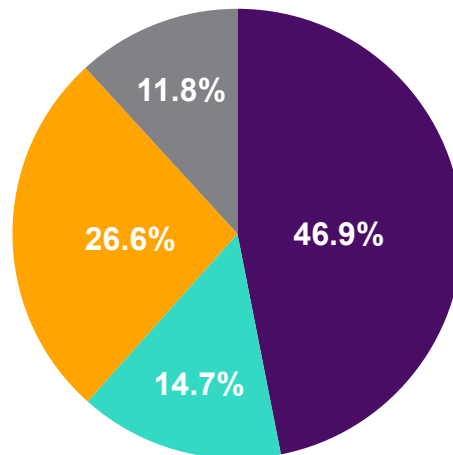
## Who are dementia caregivers?

Female	66.9%
Male	33.1%
Also caring for a child	22.9%

### Health Effects

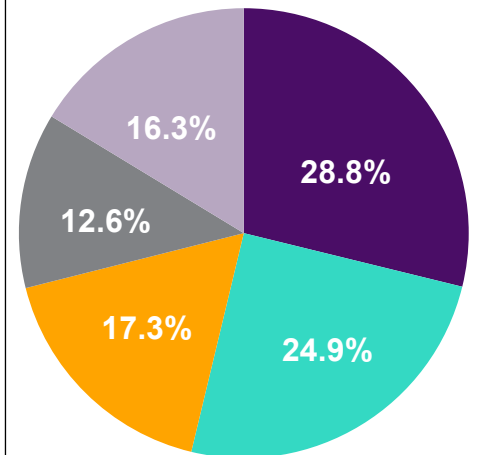
In frequent poor physical health	18.0%
In frequent poor mental health	26.9%
History of depression	39.0%
Feels socially isolated	48.7%

### Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse  
■ Other Relative ■ Non-Relative

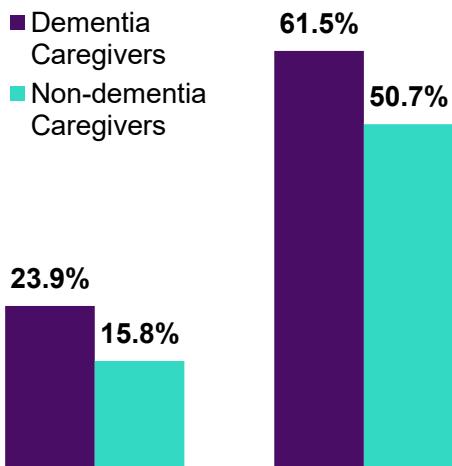
### Age



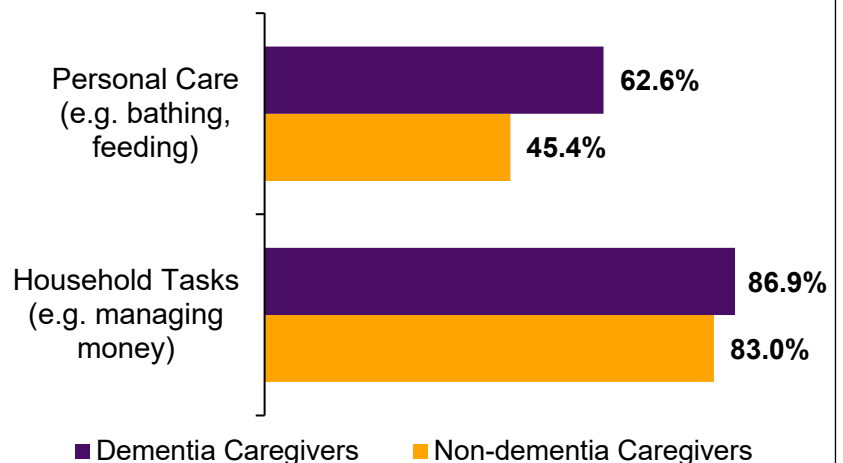
■ 65+ ■ 55-64 ■ 45-54  
■ 35-44 ■ Under 35

## What does dementia caregiving entail?

### Length of Care



### Type of Assistance Provided



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