

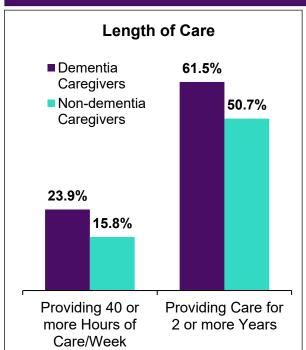
dementia caregiving in Washington

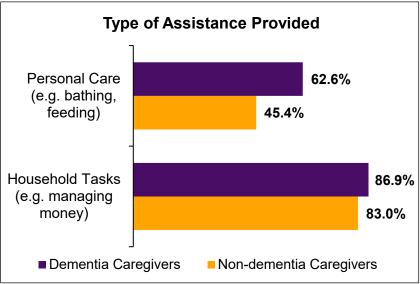
DATA FROM THE 2022 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Washington (22.2%) is providing care to an individual with Alzheimer's or other form of dementia.

Who are dementia caregivers? **Female** 66.9% Relationship to Care Age 33.1% Male Recipient Also caring for a child 22.9% 11.8% 16.3% **Health Effects** 28.8% In frequent poor 12.6% 18.0% 46.9% 26.6% physical health In frequent poor 17.3% 26.9% 24.9% mental health 14.7% History of depression 39.0% ■ Child/Child-in-Law ■ Partner/Spouse **■**65+ **55-64** 45-54 Feels socially 48.7% Other Relative ■ Non-Relative **35-44** ■ Under 35 isolated

What does dementia caregiving entail?





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