



# dementia caregiving in Wyoming

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Wyoming (21.1%) is providing care to an individual with Alzheimer's or other form of dementia.

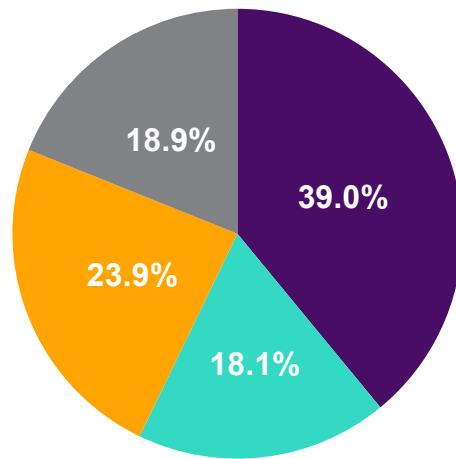
## Who are dementia caregivers?

Female	71.5%
Male	28.5%
Urban	69.9%
Rural	30.1%
Also caring for a child	23.1%

### Health Effects

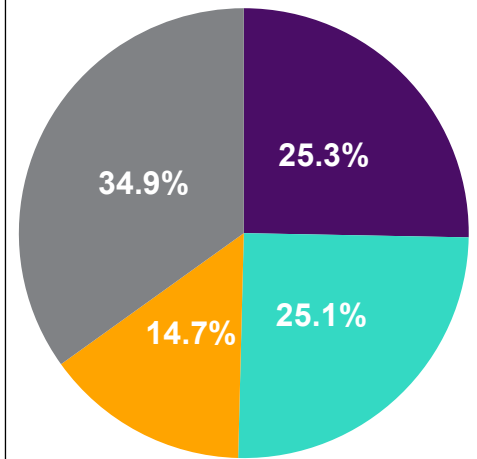
In frequent poor physical health	n/a
In frequent poor mental health	25.0%
History of depression	22.8%

### Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse  
■ Other Relative ■ Non-Relative

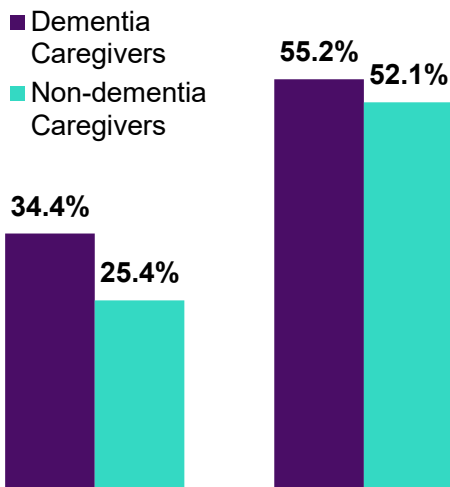
### Age



■ 65+ ■ 55-64  
■ 45-54 ■ Under 45

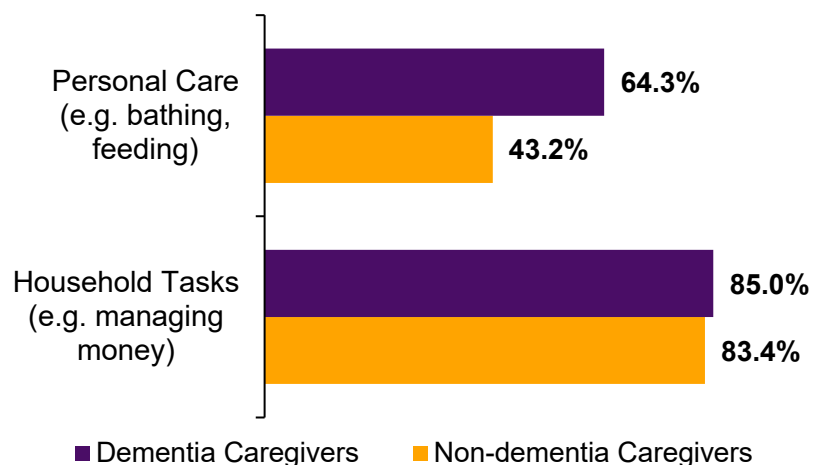
## What does dementia caregiving entail?

### Length of Care



Providing 20 or more Hours of Care/Week  
Providing Care for 2 or more Years

### Type of Assistance Provided



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