Activities and dementia

This list is a reviewed collection of items prepared by the Alzheimer’s Association Green-Field Library staff primarily for healthcare professionals. Contact your local chapter or local library for availability of the items. See also: Popular Searches – Activities in the Resource Lists on the Virtual Library.

Activities, General

Articles

Abstract: http://www.tandfonline.com/doi/abs/10.1080/01924780903148151#.Uq9ifvRDs1I
Green-Field Library owns.

Green-Field Library does not own.

Abstract: http://www.tandfonline.com/doi/abs/10.1080/01924788.2011.572272#.UrStWvRDs1I
Green-Field Library owns.

Books

Norris, K; Brush, J. Creative connections in dementia care: engaging activities to enhance communication.
Health Professions Press, 2015
Green-Field Library Call No.: WM 450 N8565 2015
Simard, J. *End-of-life Namaste Care program for people with dementia.*
Baltimore, MD: Health Professions Press, 2013
Green-Field Library Call No.: WY 152 S588 2013

Baltimore, MD: Health Professions Press
Green-Field Library Call No.: WM 450 B435 2004 (vol.1)
Green-Field Library does not own. Call No.: WM 450 B435b 2008 (vol. 2)

**Journals**

Activities Adaptation & Aging. Published quarterly by Taylor & Francis.
London, UK
http://www.tandf.co.uk/journals/WAAA

Activities Directors' Quarterly: for Alzheimer's and other Dementia Patients. Published quarterly by Weston Medical Publishing.
www.alzheimersjournal.com

Creative Forecasting. Published monthly by Creative Forecasting.
http://www.creativeforecasting.net

**Web Sites**

*National Association of Activity Professionals*
NAAP is the only national group that represents activity professionals exclusively in geriatric settings. NAAP is nationwide in scope.
http://naap.info
The National Coalition of Creative Arts Therapies Associations
The National Coalition of Creative Arts Therapies Associations (NCCATA), founded in 1979, is an alliance of professional associations dedicated to the advancement of the arts as therapeutic modalities. The creative arts therapies include art therapy, dance/movement therapy, drama therapy, music therapy, poetry therapy, and psychodrama.

http://www.nccata.org

Therapeutic Recreation
The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors, and other disciplines. There are links to chat rooms, bulletin boards, workshops, and other information for those providing activity programs of all kinds.

http://www.recreationtherapy.com/rt.htm

Art

Articles

Abruzzo, B. Bringing the past -- and Alzheimer's residents -- to life. Long-Term Living. Sep 2009; vol. 58(9), pp. 18-21.
Green-Field Library owns.

Abstract: http://dem.sagepub.com/content/11/5/633.abstract
Green-Field Library owns.

Green-Field Library owns.
Abstract: http://www.researchgate.net/publication/38060592_An_art_gallery_access_programme_for_people_with_dementia_you_do_it_for_the_moment
Green-Field Library owns.

Green-Field Library owns.

Abstract: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3010410/
Green-Field Library does not own.

Green-Field Library owns.

Books

Huebner BG; Butler RN; Cohen GD; et al. I remember better when I paint: art and Alzheimer’s: opening doors, making connections.
Glen Echo, MD: Bethesda Communication Group and New Publishing Partners, 2012
Green-Field Library Call No.: WM 450 H887 2011

Levine-Madori, L. Therapeutic thematic arts programming for older adults.
Baltimore, MD: Health Professions Press, 2007
Green-Field Library Call No.: WM 450 L665 2007
Web Site

National Center for Creative Aging

The NCCA provides professionals in health care, social work and the arts with the theoretical framework and hands-on skills they need to implement sustained, quality creative programs for older people. Training faculty present at regional and national conferences. The NCCA also publishes and distributes training manuals, manages an Arts & Aging Directory, and publishes an e-newsletter.

http://www.creativeaging.org

Cognitive Stimulation

Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library owns.
**Web Site**


From the web site: Shadowbox Press is dedicated to offering a selection of unique activities for dementia patients recognized by their innovative format, creativity, high-quality, and value. The products are developed to provide an easy and effective way to enhance the quality of engagement with adults living with Alzheimer’s disease or a related dementia. The collection of interactive books and conversation cards are designed to evoke memories, prompt conversations, and engage adults in an enjoyable, meaningful activity.

**Dance/ Exercise/ Movement**

**Articles**


Green-Field Library does not own.


Full-text: [http://journals.lww.com/acsm-csmr/fulltext/2017/01000/Alzheimer_s_Disease_and_Exercise___A_Literature.9.aspx](http://journals.lww.com/acsm-csmr/fulltext/2017/01000/Alzheimer_s_Disease_and_Exercise___A_Literature.9.aspx)

Green-Field Library does not own.


Green-Field Library owns.


Green-Field Library owns.
Karkou, V.; Meekums, B. Dance movement therapy for dementia. Cochrane Database Systematic Reviews. Feb 2017 2;2:CD011022
Green-Field Library does not own.

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

**Book**

Green-Field Library does not own.

**Journals**

*Journal of Aging and Physical Activity*. Published quarterly by Human Kinetics Publishers.
www.humankinetics.com

*American Journal of Dance Therapy*. Published bi-annually by Springer Publishing.
Web Sites

**American Dance Therapy Association**
The official site of the American Dance Therapy Association. The association has defined Dance/Movement Therapy as the psychotherapeutic use of movement as a process which furthers the emotional, social, cognitive, and physical integration of the individual.
[http://www.adta.org](http://www.adta.org)

**Gardening / Horticulture**

**Articles**

Green-Field Library does not own.

Mendes, A; Palmer, S.J. Therapeutic use of gardening and horticulture in dementia care. Nursing & Residential Care, Oct 2016; vol. 18(10); pp. 546-548.
Green-Field Library does not own.

Watts, C.; Pei-Chun H. The Use of Horticulture-Based Programs to Promote Engagement for Older Adults with Dementia. Therapeutic Recreation Journal. 2015; vol. 49(3); pp. 257-260.
Abstract: [https://www.highbeam.com/doc/1P3-3779575191.html](https://www.highbeam.com/doc/1P3-3779575191.html)
Green-Field Library does not own.

**Books**

McGeeney, A. With nature in mind: the ecotherapy manual for mental health
Green-Field Library does not own.
Gilliard J; Marshall M; Robertson L; et al. Transforming the quality of life for people with dementia through contact with the natural world: fresh air on my face. London, UK: Jessica Kingsley Publishers, 2011
Green-Field Library does not own.

**Web Site**

**American Horticultural Therapy Association**
The American Horticultural Therapy Association (AHTA) is a nonprofit organization whose mission is to promote and advance the profession of horticultural therapy as a therapeutic intervention and rehabilitative medium. [http://www.ahta.org](http://www.ahta.org)

**Intergenerational**

**Articles**

Baker, JR, Webster, L; Lynn, N; et al. Intergenerational programs may be especially engaging of aged care residents with cognitive impairment: findings from the Avondale Intergenerational Design Challenge. American Journal of Alzheimer’s Disease and Other Dementias. Jun 2017; vol. 32(4), pp. 213-221
Green-Field Library owns.

Green-Field Library does now own.

Green-Field Library does now own.

Green-Field Library owns.
Green-Field Library owns.

Green-Field Library does not own.

**Web Sites**

*The Intergenerational Center*
The Center for Intergenerational Learning at Temple University is dedicated to strengthening communities by bringing generations together to meet the needs of individuals and families throughout the life cycle. Established in 1979, the Center for Intergenerational Learning is a national resource for intergenerational programming.
[http://templeigc.org](http://templeigc.org)

*Generations United*
Generations United (GU) focuses on promoting intergenerational strategies, programs, and policies.
[http://www.gu.org](http://www.gu.org)

**Montessori**

**Articles**


Green-Field Library does not own.
Green-Field Library owns.

Green-Field Library owns.

Books

Brenner, T; Brenner K. You say goodbye and we say hello: the Montessori Method for positive dementia care.
[?]: Brenner Pathways, 2012
Green-Library Call No.: WM 450 B838 2012

Green-Field Library Call No.: WM 450 M781 1999

Camp, CJ. Montessori-based activities for persons with dementia, vol. 2. Beachwood, OH: Menorah Park Center for the Aging, c1999
Green-Field Library Call No.: WM 450 M781 2006

Music Therapy

Articles

Clements-Cortes, A.; Bartel, L. Are we doing more than we know? Possible mechanisms of response to music therapy. Frontiers in Medicine. Sep 2018; vol. 11(5), pp. 255.
Full-text: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6141741/
Green-Field Library does not own.
Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library does not own.

**Audio**

Therapy for memory music
Music activity and educational program to stimulate the mind and exercise memory. Audio CD.
Therapy for Memory: Miami Beach, FL
http://www.therapyformemory.org/music/about_product.php
Green-Field does not own.
Books


Occupational Therapy

Articles


Green-Field Library does not own.

Abstract: https://www.ncbi.nlm.nih.gov/m/pubmed/29972049/
Green-Field Library does not own.

Green-Field Library does not own.

Full-text: https://www.ncbi.nlm.nih.gov/pubmed/28809651
Green-Field does not own.

Green-Field Library owns.

Abstract: http://journals.sagepub.com/doi/abs/10.1177/0308022618774508
Green-Field does not own.
**Pet Therapy**

**Articles**

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library does not own.
Web Sites

Pet Partners
Pet Partners, formerly the Delta Society, is an international, non-profit organization that unites people who have mental and physical disabilities and patients in healthcare facilities with professionally trained animals to help improve their health.

http://www.petpartners.org

Recreation Therapy

Articles

Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

Full-text: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2736598/
Green-Field Library owns.

Full-text: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2780321/
Green-Field Library does not own.
Green-Field Library does not own.

Green-Field Library owns.

**Journals**


**Web Sites**

*American Therapeutic Recreation Association*

The American Therapeutic Recreation Association (ATRA) is the largest, national membership organization representing the interests and need of recreational therapists. Recreational therapists are health care providers using recreational therapy interventions for improved functioning of individuals with illness or disabling conditions. ATRA was incorporated in the District of Columbia in 1984 as a non-profit, grassroots organization in response to growing concern about the dramatic changes in the health care industry.
http://www.atra-online.com

**Reminiscence**

**Articles**

Green-Field Library owns.
Green-Field Library owns.

Green-Field Library does not own.

Full-text: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5034922
Green-Field Library does not own.

Woods b; O'Philbin; Farrell EM; et al. Reminiscence therapy in dementia. Cochrane Database of Systematic Reviews. Mar 2018; 3: CD001120.
Green-Field Library does not own.

Book

From the web site: Shadowbox Press is dedicated to offering a selection of unique activities for dementia patients recognized by their innovative format, creativity, high-quality, and value. The products are developed to provide an easy and effective way to enhance the quality of engagement with adults living with Alzheimer’s disease or a related dementia. The collection of interactive books and conversation cards are designed to evoke memories, prompt conversations, and engage adults in an enjoyable, meaningful activity.
Green-Field Library does not own.

Jopling S; Mousley S. Multi-sensory reminiscence activity book: 52 weekly group session plans for working with older adults London, UK: Jessica Kingsley Publishers,
Green-Field Library does not own.
Video

Introduction to validation.
Jasper, OR : Edward Feil Productions LLC, c2011. 1 DVD (24 min.)
Green-Field Library Call No.: WM 220 DVD no.149 2011

Web Sites

Time Slips
Developed by Anne Basting in 1998, the time slips storytelling method provides inventive ways for facilities to use storytelling as a creative outlet for residents.
http://www.timeslips.org

Validation Training Institute
This web site contains information about Validation, a method for communicating with very old people. There are links to articles and books as well as workshops and courses on validation therapy.
http://www.vfvalidation.org

Sensory Stimulation

Articles

Green-Field Library owns.

Green-Field Library owns.
Green-Field Library does not own.

Green-Field Library does not own.

**Book**


**Web Sites**

*How to make a sensory room for people living with dementia: a guide*
Anke Jakob and Lesley Collier
University of Southampton
http://eprints.kingston.ac.uk/30132/1/Jakob-A-29602.pdf

**Vendors**

These companies have activity therapy products available for purchase.

*Ageless Design - Alzheimer's Store*  
http://alzstore.com  
This web site was developed for those who care for people with Alzheimer's disease with products of all kinds including safety and activity.
Bi-Folkal Productions, Inc.
http://www.bifolkal.org
This company provides program ideas and resources for those planning reminiscence programs with older adults.

eNasco Activity Therapy Products
http://www.enasco.com
Nasco has several catalogs for activity products in various settings including schools, recreational and health care. Link to Senior Activities.

Flaghouse Special Populations
http://www.flaghouse.com
This catalog company carries a Special Populations catalog which features therapy and educational options for individuals with developmental and physical disabilities.

Innovative Caregiving Resources
http://www.videorespite.com
This company produces a series of videos referred to as Video Respite that incorporate music and images specifically for people with dementia.

S&S World Wide Games
http://www.ssww.com
Arts and crafts company has an extensive catalog online. There are downloadable activity guides geared to various age groups. They also carry a line of activity products called Primelife for seniors.

Therapeutic Recreation
http://www.recreationtherapy.com/rt.htm
The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors and other disciplines. The TR Store provides information on a variety of products that can be purchased on Amazon.com.
Activities
A selected list of references compiled by
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