

# cognitive decline in arkansas

#### DATA FROM THE 2012 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Arkansas, 15.5 percent – more than one in seven – of those aged 45 and over report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

Over 70 percent of them have <u>not</u> talked to a health care professional about it.

For those with worsening memory problems, half say it has interfered with household activities and/or work or social activities.

## Portion of last 30 days, on average, people with memory problems experienced . . .

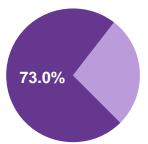
43.3%	37.4%	35.6%
(12.99 days)	(11.21 days)	(10.68 days)
Poor Physical Health	Poor Mental Health	Limited Activities  Due to Poor Health

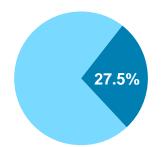
### Characteristics of those with memory problems

Disabled	68.3%
In Fair/Poor Health	62.5%
Ever Had Depression	52.9%
Have Trouble Seeing	49.8%
Smoke	29.4%

This Fact Sheet is supported by Cooperative Agreement #5U58DP002945-04 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer's Association and do not necessarily represent the official views of the CDC.

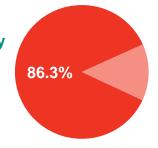






Percent with memory problems who live alone

Percent with memory problems who have at least one other chronic condition\*



<sup>\*</sup>Other chronic condition is defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes.

#### Percent with memory problems who say it creates difficulties and burden

