In Mississippi, 11.8 percent of those aged 45 and over report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

Over 70 percent of them have not talked to a health care professional about it.

For those with worsening memory problems, more than 60 percent say it has interfered with household activities and/or work or social activities.

**Data from the 2012 Behavioral Risk Factor Surveillance System**

**Percent with memory problems who have not talked to a health care provider**

- 72.0%

**Percent with memory problems who live alone**

- 23.1%

**Percent with memory problems who have at least one other chronic condition**

- 87.0%

*Other chronic condition is defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes.

**Portion of last 30 days, on average, people with memory problems experienced . . .**

- Poor Physical Health: 46.3% (13.89 days)
- Poor Mental Health: 41.0% (12.31 days)
- Limited Activities Due to Poor Health: 40.4% (12.13 days)

**Characteristics of those with memory problems**

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disabled</td>
<td>75.1%</td>
</tr>
<tr>
<td>In Fair/Poor Health</td>
<td>65.9%</td>
</tr>
<tr>
<td>Ever Had Depression</td>
<td>50.7%</td>
</tr>
<tr>
<td>Have Trouble Seeing</td>
<td>61.6%</td>
</tr>
<tr>
<td>Smoke</td>
<td>27.9%</td>
</tr>
</tbody>
</table>

**Percent with memory problems who say it creates difficulties and burden**

- Memory Problems Interfere with Activities: 62.6%
- Need Assistance: 44.0%
- Receive Help from Family and Friends: 14.1%

This Fact Sheet is supported by Cooperative Agreement #5U58DP002945-04 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer’s Association and do not necessarily represent the official views of the CDC.