

# factsheet

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## Alzheimer's Caregivers in New Jersey

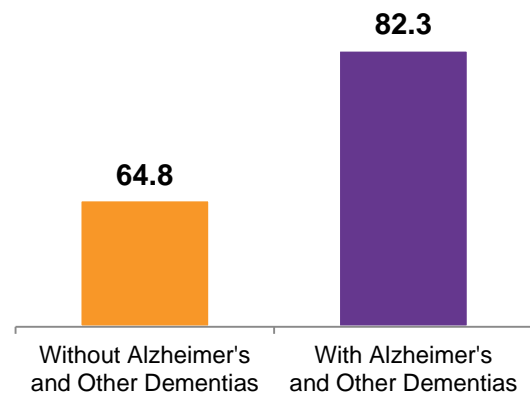
**With Alzheimer's disease, it is not just those with the disease who suffer. It's also their caregivers.**

- In New Jersey, 439,000 family and friends provide unpaid care to individuals living with Alzheimer's and other dementias.
- Of those living with Alzheimer's and other dementias who are receiving care from an unpaid caregiver, 67.3 percent are women.
- The average age of a care recipient with Alzheimer's and other dementias is 82.3 years, compared with an average age of 64.8 years for care recipients without Alzheimer's disease and other dementias.

**Caring for someone with Alzheimer's or another dementia takes longer.**

- Alzheimer's and dementia caregivers provide 500 million hours of unpaid care annually.
- On average, Alzheimer's and dementia caregivers spend 19.5 hours per week providing care.
- 30.2 percent of caregivers provide 20 or more hours of care per week.

**Average Age of Those Receiving Care**



**Alzheimer's and dementia caregiving takes a physical and emotional toll on caregivers.**

- More than 1 in 6 (18.3 percent) Alzheimer's and dementia caregivers say they only sometimes, rarely or never receive the emotional support they need.
- As a result of the physical and emotional toll of caregiving, Alzheimer's and dementia caregivers had \$289 million in higher health care costs of their own in 2012.

**Total Value of Unpaid Care**

**\$6.2 Billion**

Data come from 2013 Alzheimer's Disease Facts and Figures and the Behavioral Risk Factor Surveillance System (BRFSS) Caregiver Module administered in New Jersey in 2010. The BRFSS is a public health survey conducted each year by all states, in coordination with the Centers for Disease Control and Prevention (CDC). The Caregiver Module is an optional set of 10 questions available for use in all states.