## alzheimer's & association® cognitive decline in new jersey

## DATA FROM THE 2012 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In New Jersey, 9.8 percent of those aged 45 and over report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

Nearly 80 percent of them have <u>not</u> talked to a health care professional about it.

For those with worsening memory problems, more than one-third say it has interfered with household activities and/or work or social activities.

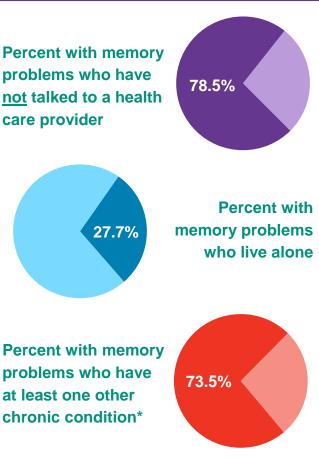
Portion of last 30 days, on average, people with memory problems experienced . . .



## Characteristics of those with memory problems

Disabled	44.9%
In Fair/Poor Health	43.0%
Have Fallen in Last 12 Months	41.3%
Had Fall-related Injury	7.2%
Ever Had Depression	33.5%
Have Trouble Seeing	42.6%
Smoke	21.1%

This Fact Sheet is supported by Cooperative Agreement #5U58DP002945-04 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer's Association and do not necessarily represent the official views of the CDC.



\*Other chronic condition is defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes.

## Percent with memory problems who say it creates difficulties and burden

