



# cognitive decline in north dakota

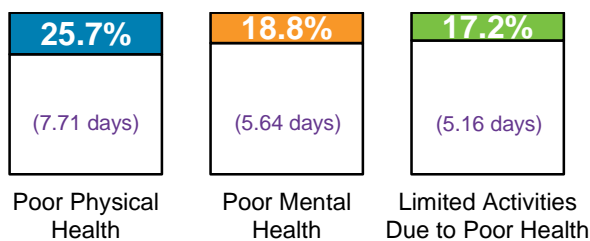
DATA FROM THE 2012 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In North Dakota, 10.2 percent of those aged 45 and over report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

Over 83 percent of them have not talked to a health care professional about it.

For those with worsening memory problems, nearly one-third say it has interfered with household activities and/or work or social activities.

Portion of last 30 days, on average, people with memory problems experienced . . .

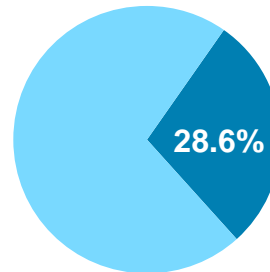
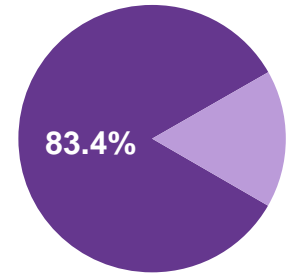


## Characteristics of those with memory problems

Disabled	46.4%
In Fair/Poor Health	39.6%
Have Fallen in Last 12 Months	43.5%
Had Fall-related Injury	8.8%
Ever Had Depression	32.9%
Have Trouble Seeing	32.2%
Smoke	22.1%

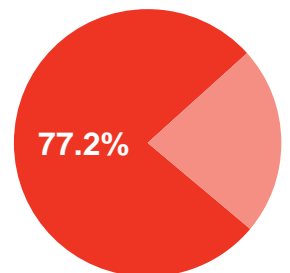
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Percent with memory problems who have not talked to a health care provider



Percent with memory problems who live alone

Percent with memory problems who have at least one other chronic condition\*



\*Other chronic condition is defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes.

Percent with memory problems who say it creates difficulties and burden

