



dementia caregiving in utah

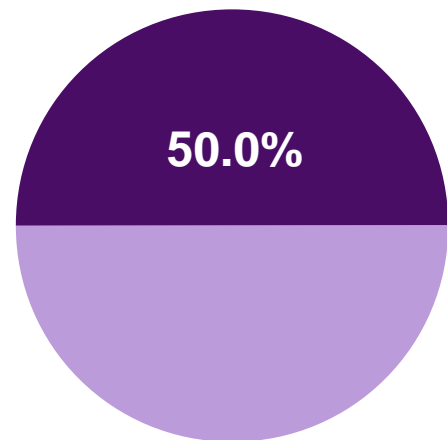
DATA FROM THE 2016 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Utah, half of all adults providing unpaid care to loved ones with Alzheimer's or another dementia have been doing so for at least two years.

Nearly 40 percent of Alzheimer's and dementia caregivers provide 20 or more hours of care per week.

Among Alzheimer's and dementia caregivers, half provide care to their parent or their parent-in-law.

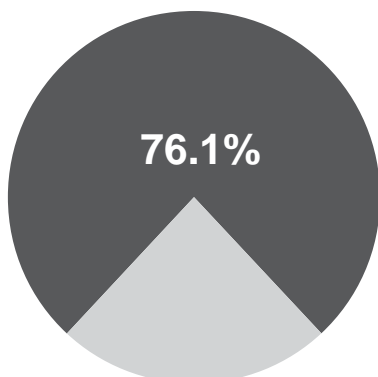
Percent of dementia caregivers providing care for at least 2 years



Characteristics of Alzheimer's and Other Dementias Caregivers

Gender		Age		Hours of Care per Week		Caring for Parent or Parent-in-law
Women	Men	45-64	65+	20+	40+	
56.7%	63.3%	46.5%	31.0%	38.7%	26.9%	50.6%

Percent who manage household care, such as cleaning or cooking



Percent who manage personal care, such as feeding or bathing

