

LIVING WITH ALZHEIMER'S

FOR MIDDLE STAGE CAREGIVERS



A Middle Stage Education Program By The Alzheimer's Association

Join us for this 3-part series and hear caregivers and professionals discuss helpful strategies to cope with changes in communication, behaviors and relationships. Get tips for providing safe and effective care in the middle stage of Alzheimer's/dementia/memory loss.

This class is open to caregivers of people with middle-stage Alzheimer's or other types of dementia/memory loss.

This free 3-part class is offered on Tuesday mornings:

Dates: July 23 & 30 and August 13 Time: 10:00 a.m. – Noon***

**Location: Mount Pisgah Missionary Baptist Church, 1111 Pennsylvania Ave.
East St. Louis, IL 62201**

*****Free luncheon at last class meeting. Last class will end at 12:30 p.m.**

Registration is REQUIRED. For more information or to register, call 800.272.3900