

Popular Searches – Family caregiver books

Families and professionals are often looking for activity materials to engage persons with dementia and interact with them. Identified here is a selected list of activity resources.

Materials may be available for loan from the Alzheimer's Association Green-Field Library or for downloading and purchase through various outlets. Search for titles in the [online catalog](#) and visit [how to borrow](#). Items may also be available for purchase through online outlets.

Books on family caregiving

Alzheimer's action plan: the expert's guide to the best diagnosis and treatment for memory problems.

P. Murali Doraiswamy; Lisa Gwyther
New York, NY: St. Martin's Press, 2008.

Provides insights from a social worker and Alzheimer's disease expert on the diagnosis, best tests and medical treatment, coping, behaviors, clinical trials, informed consent, and more. Available at major online book outlets.

Alzheimer's advisor: a caregiver's guide to dealing with the tough legal and practical issues.

James Vaughn
New York, NY: American Management Association, 2009

Covers legal implications, estate planning, advance directives, guardianship, legal liability, cost of care, caring for caregivers, and more. Available at major online book outlets.

***Alzheimer's / dementia interactive activity books for patients and caregivers* (8 book set)**

Matthew Schneider and Deborah Drapac
Richfield, OH: Shadowbox Press, 2011

Designed for memory-impaired adults and communication with people living with Alzheimer's, Parkinson's, stroke, brain injury, or related dementias. Provides sensory and cognitive stimulation for reminisce, recall, and sharing stories. Available at major online book outlets.

Alzheimer's disease sourcebook: basic consumer health information about Alzheimer disease, other dementias, and related disorders.

Karin Bellenir
Detroit, MI: Omnigraphics, 2016

A compendium of basic consumer health information about Alzheimer's disease and other dementias. Available at major online book outlets.

Alzheimer's disease and dementia: what everyone needs to know

Steven Sabat
New York, NY: Oxford University Press, 2018
Available at major online book outlets.

Alzheimer's early stages: first steps for family, friends, and caregivers.

Dan Kuhn
Alameda, CA: Hunter House, 2013
In its 3rd edition, covers three key areas of the disease: medical aspects, day-to-day care, and care for the caregiver. Available at major online book outlets.

Better living with dementia: implications for individuals, families, communities, and societies.

Laura Gitlin and Nancy Hodgson
Practical applications for dementia care authored by experienced clinicians with information not covered in other resources.
Cambridge, MA: Academic Press, 2018
Available at major online book outlets.

Book Collections

Visit our [Pinterest](#) board to find collections of books for persons living with dementia and caregivers both - from sources like AlzAuthors who write their personal stories, National Library of Medicine, GoodReads, Amazon, Barnes & Noble, various authors and standalone publishers.

Caregivers guide to dementia: using activities and other strategies to prevent, reduce, and manage behavioral symptoms.

Laura Gitlin and Catherine Verrier Piersol
Philadelphia, PA: Camino Books Inc., 2014
Examines the strategies most helpful for families and that have been used in the authors' research using activities that prevent, reduce, and manage behavioral symptoms such as: agitation, repetitive questions, acting-out, wandering, restlessness, hoarding, resistance, incontinence, destructiveness, sexually and socially inappropriate acts, aggressiveness, depression, sleep disturbances and home safety. Available at major online book outlets.

Caregiver's path to compassionate decision making: making choices for those who can't.

Vicki Kind.
Austin, TX: Greenleaf Book Group Press, 2010
Includes four adaptable tools and techniques for decision making for Alzheimer's, stroke, dementia, brain injury, mental illness and developmental delay. *Chicken soup for the soul: living with Alzheimer's & other dementias: 101 stories of caregiving, coping, and compassion.* Used copies available at Amazon.

Chicken soup for the soul, living with Alzheimer's and other dementias: 101 stories of caregiving, coping, and compassion.

Angela Timashenka Geiger and Amy Newmark
New York, NY: Simon & Schuster, 2014
Available at major online book outlets.

Comfort of home for Alzheimer's disease: a guide for caregivers.

Maria Meyer, Mary Mittelman, Cynthia Epstein, Paula Derr.
Portland, OR: CareTrust Publications, LLC, 2008.
Provides information on caring for someone at home in three major sections: preparing for home care, day by day care, and resources. Available at major online book outlets.

Coping with behavior change in dementia: a family caregivers' guide.

Beth Spencer and Laurie White
Ann Arbor, MI: Whispub, LLC, 2015
The newest edition of the long-time standard **Understanding Difficult Behaviors** by Spencer, White, and Robinson. This version covers the potentially difficult behaviors: bathing, dressing, eating, mouth care, bathroom care; repetitive behaviors; wanting to go home; walking, pacing, wandering or exercise; paranoia, delusions, hallucinations; sleep and sundowning; physical intimacy and sexual behavior. Available at major online book outlets.

A creative toolkit for communication in dementia care.

Karrie Marshall
London, UK: Jessica Kingsley, 2015
Tested through first-hand experience, the toolkit provides creative enterprises for communication and relating to the person with dementia by covering a wide range of activities. Available at major online book outlets.

Dignified life: the best friends approach to Alzheimer's care. A guide for family caregivers.

Virginia Bell; David Troxel
Deerfield Beach, FL: Health Communication, 2005.
Based on the Best Friends model of care, the book focuses on creative and effective communication and meaningful activities. Available at major online book outlets.

Navigating Alzheimer's: 12 truths about caring for your loved one

Mary K. Doyle
Chicago, IL: In Extensio Press, 2015
About the size of a greeting card, this little publication is easy-to-read and effortless to handle. Concisely arranged and suited for the busy caregiver. It is packed with snippets of real-life situations and solutions that have worked for the author. Available at major online book outlets.

Navigating the Alzheimer's journey: a compass for caregiving.

Carol Bowlby Sifton.

Baltimore, MD: Health Professions Press, 2004.

Contains chapters on the disease, communication, management, behaviors, environment, capitalizing on remaining abilities, getting help, care planning and planning for the future. Available at major online book outlets.

Learning to Speak Alzheimer's

Joanne Koenig Coste.

Boston, MA: Houghton Mifflin, 2004

One of the first guides to changing the way care was delivered to people with dementia. Teaches the "habitation" approach. Available at major online book outlets.

The mindful caregiver.

Nancy Kriseman

Washington, DC: Rowman & Littlefield Publisher, 2014

Helps caregivers identify unrealistic expectations, learn to set limits and more effectively cope with guilt and worry which can fuel caregiver stress. Available at major online book outlets. Available at major online book outlets.

Pocket guide for the Alzheimer's caregiver.

Daniel C. Potts and Ellen Woodward Potts

Tuscaloosa, AL: Dementia Dynamics, LLC, 2011.

Provides useful practical information for the newly diagnosed. Available at major online book outlets.

The 36-hour day.

Nancy Mace; Peter Rabins

Baltimore, MD: Johns Hopkins University Press, 2011.

In its fifth edition, this comprehensive guide to the care of those in all stages of Alzheimer's disease combines practical advice and specific examples and covers the medical, legal, financial, and emotional aspects of caring. Available at major online book outlets.

Stages of senior care: your step-by-step guide to making the best decisions.

Paul Hogan

New York, NY: McGraw Hill, 2010.

Provides chapters on all aspects of senior care and decision making. Available at major online book outlets.

To survive caregiving: a daughter's experience, a doctor's advice on finding hope, help, and health.

Cheryl Woodson

West Conshohocken, PA: Infinity Publishing Co., 2007.

A comprehensive and candid guide to the experience of care giving for everyone and especially those with an African-American interest. Available at major online book outlets.