



dementia caregiving in **utah**

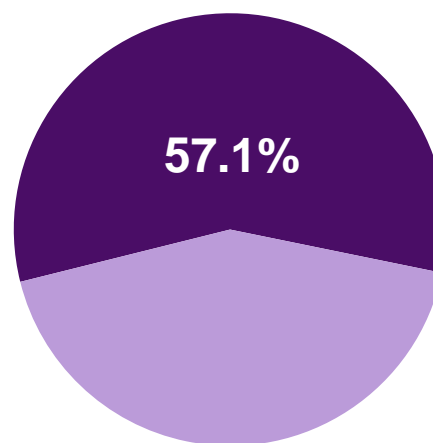
DATA FROM THE 2020 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Utah, nearly 60% of all adults providing unpaid care to loved ones with Alzheimer's or another dementia have been doing so for at least two years.

More than 30% of Alzheimer's and dementia caregivers provide 20 or more hours of care per week.

More than one-third of dementia caregivers are in the "sandwich generation" — caring for both someone with dementia and a child or grandchild.

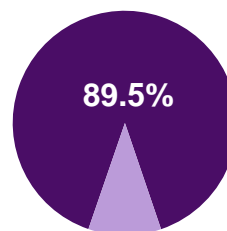
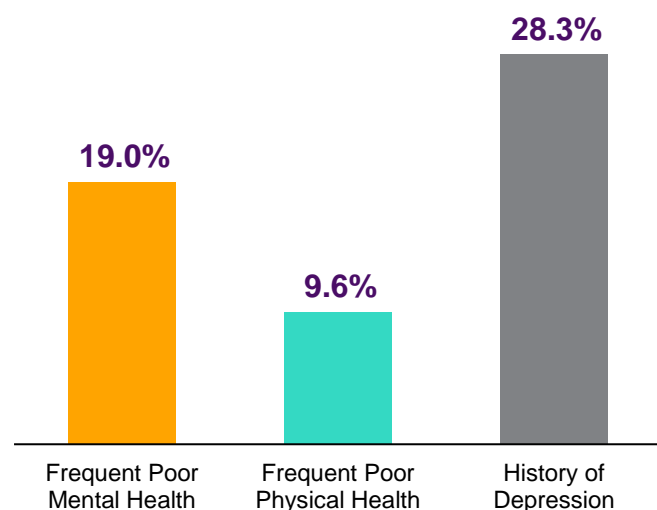
Percent of dementia caregivers providing care for at least 2 years



Characteristics of Alzheimer's and Other Dementias Caregivers

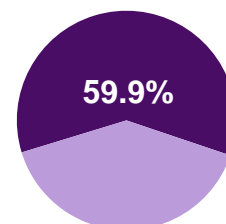
Gender		Age		Hours of Care per Week		Caring for Parent or Parent-in-law	Also Caring for Minor
Women	Men	55-64	65+	20+	40+		
65.5%	34.5%	26.0%	21.4%	30.9%	19.1%	40.7%	35.1%

Impact of Alzheimer's and dementia caregiving



Percent who manage household care, such as cleaning or cooking

Percent who manage personal care, such as feeding or bathing



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