

Memory Café of Ellensburg



“Living with memory issues ... You are not alone”

When: 2nd Tuesday of every month

Time: 10 a.m. to 12 noon

Where: **Kittitas County Historical Museum**
114 E. 3rd Ave., Ellensburg, WA 98926

Who: Persons diagnosed with Alzheimer’s or other related dementia and their care partners (family, friends)

What: A casual gathering to provide socialization, interaction and fellowship

Why: Socialization creates confidence, a sense of belonging and a sense of well being

Contact: Lisa Barrett at 509.301.4107 or lnbarrett@alz.org
or Deborah Boudreau at 509.962.7424 or boudreaud@ci.ellensburg.wa.us

Cost: **No cost.** No judgment or expectations. Just companionship and great fun!

