alzheimer's association®

WINTER 2020
COMMUNITY & FAMILY EDUCATION

Champaign County

Understanding Alzheimer's Disease
March 19 | 6:00-7:00 p.m.
Champaign County Library | 1060 Scioto St. | Urbana, OH

Darke County

Understanding Alzheimer's Disease
March 26 | 6:00-7:00 p.m.
Greenville Public Library | 520 Sycamore St. | Greenville, OH

Montgomery County

The Confident Caregiver: A Three-part Series
Years Ahead | 6661 Clyo Rd. | Centerville, OH

- Understanding Alzheimer's | Jan. 30 | 5:30-6:30 pm
- Communication & Behaviors | Feb. 6 | 5:30-7:00 pm
- Legal & Financial Planning | Feb. 13 | 5:30-6:30 pm

Attend one, two or all three sessions.

Dementia Education Day
February 15 | 9:00 a.m.– Noon
Miami Valley Chapter | 31 W. Whipp Rd. | Centerville , OH
Understanding Alzheimer's & Dementia | 9:00-10:00 a.m.
Dementia Conversations | 10:30 a.m.-Noon

The 10 Warning Signs
February 29 | 2:00-3:00 p.m.
Dayton Metro Library | Stroop & Wilmington Branch
3890 Wilmington Pike | Kettering, OH

Shelby County

Understanding Alzheimer's Disease
March 24 | 6:30-7:30 p.m.
Sidney First United Methodist Church
230 E. Poplar St. | Sidney, OH

For a full list of programs or to RSVP
visit alz.org/Dayton or call 800.272.3900

Bring the Alzheimer's Association to you! To schedule a presentation, or for more information, call 937.610.7011.

Understanding Alzheimer's & Dementia | If you or someone you know is affected by Alzheimer's disease or dementia, it's time to learn the facts. Get information about detection, causes and risk factors, stages of the disease, treatment, and much more.

Dementia Conversations | Conversations with family about dementia can be challenging and uncomfortable. This workshop offers tips on how to have honest and caring conversations with family members about topics like when to stop driving, going to the doctor, and making legal and financial plans.

Effective Communication | As people with dementia progress in their journey and the ability to use words is lost, families need new ways to connect. Identify strategies to help you connect and communicate at each stage of the disease.

Healthy Living for Your Brain & Body | Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

The 10 Warning Signs | If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection gives you a chance to begin drug therapy, enroll in clinical studies, and plan for the future.

Legal and Financial Planning | This workshop is for anyone who would like to know more about the legal and financial issues to consider when you or someone you know is affected by Alzheimer's or dementia.

Dementia-Related Behaviors | Learn to decode behavioral messages, identify common behavior triggers, and get strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Living with Alzheimer's: For Caregivers | When someone is diagnosed with Alzheimer's, friends and family have many questions. This three-part series addresses issues that arise in the early, middle, and late stages of the disease.

For professional education, please call 937.610.7011