



MORE THAN NORMAL AGING: UNDERSTANDING MILD COGNITIVE IMPAIRMENT

More than

80%

of Americans know little or are not familiar with mild cognitive impairment (MCI)

An estimated

10-15%

of individuals with MCI develop dementia each year

Over

50%

of all Americans say MCI sounds like “normal aging”

About

1/3

of people with MCI develop dementia due to Alzheimer’s disease within 5 years

42%

of Americans say they worry about developing MCI due to Alzheimer’s disease

Physicians and MCI

90%

say it’s important to diagnose MCI due to Alzheimer’s

However, over 1/2 say they are not fully comfortable diagnosing it

96%

say it’s important to assess patients aged 60 and older for cognitive impairment

Yet assessments are conducted for just 1/2 of their patients

What is MCI?

Mild cognitive impairment is an early stage of memory loss or other cognitive ability loss in individuals who are able to perform most activities of daily living.

MCI can be an early stage of the Alzheimer’s disease continuum if the hallmark changes in the brain are present.

Alzheimer's Disease (AD) Continuum

