

# Incredibly useful web sites: Language and diversity Alzheimer's disease:

Persons with Alzheimer's disease and their families and professional caregivers often look for resources in community languages. Identified here are Web sites with information in non-English languages and on cultural competency in health care. While there may be some overlap, each site has unique features and is aimed at providing current, practical, and expert information.

Alzheimer's Association National Office. Chicago, IL.

#### Diversity

A portal to African-American, Hispanic, and Asian (Chinese, Japanese, Korean, and Vietnamese) Web sites and resources.

https://www.alz.org/manh/helping\_you/diversity Accessed March 2019.

#### Inside the brain: an interactive tour.

The Brain Tour explains how the brain works and how Alzheimer's affects it in Arabic, Bosnian, Chinese, French, German, Italian, Japanese, Korean, Polish, Portuguese, Russian, Spanish, Vietnamese, and English. http://www.alz.org/alzheimers\_disease\_4719.asp\_Accessed March 2019.

#### Alzheimer's Australia

Hawker, ACT, Australia.

Dementia information in other languages.

Contains 11 helps sheets on dementia, behaviors and care giving; 7 Mind Signposts on healthy living, and a list of publications in community languages. Languages include Arabic, Armenian, Chinese, Croatian, Dutch, German, Greek, Hindi, Hungarian, Indonesian, Italian, Japanese, Khmer, Korean, Laotian, Macedonian, Malay, Maltese, Polish, Portuguese, Russian, Serbian, Spanish, Tagalog, Ukrainian, and Vietnamese. http://www.alzheimers.org.au/content.cfm?categoryid=14 Accessed March 2019.

# Perceptions of dementia in ethnic communities.

Covers Arabic, Croatian, Chinese, Greek, Italian, Macedonian, Polish, Russian, Serbian, Spanish, Turkish, and Vietnamese

https://www.dementia.org.au/files/20101201-Nat-CALD-Perceptions-of-dementiain-ethnic-communities-Oct08.pdf Accessed March 2019.

# Alzheimer's.gov

Silver Springs, MD

This Web site includes health information for consumers on Alzheimer's disease from the National Institute on Aging. The websites includes a robust collection resources and information on the basics of Alzheimer's, causes, symptoms and diagnosis, treatment, caregiving, related dementias, resources for professionals, and research and clincial trials. Start here at the government's portal. Featured are the How Alzheimer's Changes the Brain video and Alzheimer's Scientific Images page. Accessed March 2019.

Alzheimer's Disease International. London, UK. *Language material from Alzheimer Associations worldwide.* http://www.alz.co.uk/alzheimers/languages.html https://www.alz.co.uk/ADI-publications

Alzheimer Scotland. Edinburgh, SCT. *Dementia: what you need to know.* An information resource in English, Bengali, Chinese, Hindi, Italian, Polish, Ukrainian, and Urdu.

http://www.alzscot.org/pages/info/otherlanguages.htm Accessed March 2019.

EthnoMed.

Seattle, WA.

A web site maintained by the University of Washington of cultural profiles for Amharic, Cambodian, Chinese, Eritrean, Ethiopian, Hispanic, Hmong, Oromo, Somali, Tigrean, Vietnamese. Information on Arab, South Asia, Soviet Jewish, and Ukrainian groups are also provided.

http://ethnomed.org Accessed March 2019.

Family Caregiver Alliance. San Francisco, CA. Find language factsheets to help break down the language barrier to good care: Chinese, Korean, and Vietnamese for Asian Language Fact Sheets for Caregivers. Accessed March 2019

https://www.caregiver.org/breaking-down-language-barrier-good-care-new-asian-language-fact-sheets-caregivers

## Health Information Translations.

Ohio State University Medical Center: Columbus, OH.

# Alzheimer's disease.

An information resource in English, Chinese simplified, French, Hindi, Japanese, Korean, Russian, Somali, Spanish, and Ukrainian.

http://www.healthinfotranslations.com/alzheimers\_disease\_780948.php Accessed March 2019.

#### Types of dementia.

An information resource in English, Chinese simplified, French, Hindi, Japanese, Korean, Russian, Somali, Spanish, and Ukrainian http://www.healthinfotranslations.com/types\_of\_dementia\_50516.php Accessed March 2019.

National Institutes of Health, National Academies.

Bethesda, MD.

Ethnic Differences in Dementia and Alzheimer's Disease IN Critical Perspectives on Racial and Ethnic Difference in Health Late Life, Chapter 4

https://www.ncbi.nlm.nih.gov/books/NBK25535 Accessed March 2019.

National Library of Medicine - MedlinePlus. Información de Salud para Usted. Bethesda, MD.

This web site of medical information is available in English and Spanish. http://medlineplus.gov/spanish Accessed March 2019.

#### Alzheimer's disease - multiple languages.

Includes information from government agencies and nonprofit organizations with links to overviews of the disease and disease management, research, related disorders, and a link to the Alzheimer's Association interactive brain tour in Chinese (simplified), Chinese (traditional), Hindi, Japanese, Korean, French, Russian, Somali, Ukrainian, and English.

https://medlineplus.gov/languages/alzheimersdisease.html Accessed March 2019.

## Dementia - multiple languages.

Contains overviews, information on diagnosis, management, news, related topics, and organizations in Chinese (simplified), Chinese (traditional), Hindi, Japanese, Korean, French, Russian, Somali, Spanish, Ukrainian, and English. http://www.nlm.nih.gov/medlineplus/languages/dementia.html Accessed March 2019.

#### Caregivers - multiple languages.

A web resource that discusses the concerns that caregivers face and the ways they cope when caring for someone with Alzheimer's disease in Chinese (simplified), Chinese (traditional), French, Haitian Creole, Hindi, Korean, Polish, Russian, Spanish, and Vietnamese.

https://medlineplus.gov/languages/caregivers.html Accessed March 2019. New South Wales Health.

North Sydney, NSW, Australia.

It's not a disgrace

A 23 minute film to raise awareness, reduce stigma, and dispel myths about dementia in Hindi, Arabic, Spanish, Serbian, Ukrainian, Khmer, Croatian, Vietnamese, Italian, Portuguese, Chinese (simplified), and Assyrian.

http://www.mhcs.health.nsw.gov.au/publicationsandresources/pdf/publication-pdfs/oth-10135 Accessed March 2019.

United States Department of Health and Human Services Washington, DC

Quick guide to health literacy basics. Includes information on plain language and cultural and linguistic competency. http://www.health.gov/communication/literacy/quickguide/factsbasic.htm Accessed March 2019.

# Think cultural health.

Contains free online accredited programs for physicians and nurses, and a web tool for health care agencies on providing culturally competent care. http://www.thinkculturalhealth.org Accessed March 2019.