

Subjective Cognitive Decline

Data from the **2015**
Behavioral Risk Factor
Surveillance System

in Iowa

1 in 11 people aged 45 and older are experiencing **Subjective Cognitive Decline**.

SCD is self-reported
MEMORY PROBLEMS
that have been getting worse
over the past year.



Only **TWO**
in **FIVE**
with SCD have talked
to a health care
provider about it.



Nearly 80%
with SCD
have at least
one chronic
condition.

Among those with SCD...



22.7%
needed help
with household
chores.



25.7%

had to give up
day-to-day
activities.

ONE in FOUR



say SCD interfered with social activities,
work, or volunteering.

alzheimer's
association®



for more
information:

www.alz.org/publichealth

www.cdc.gov/aging