

# Subjective Cognitive Decline

Data from the **2015**  
Behavioral Risk Factor  
Surveillance System

## in New Jersey

**1 in 11** people aged 45 and older are experiencing **S**ubjective **C**ognitive **D**ecline.

**SCD** is self-reported  
**MEMORY PROBLEMS**  
that have been getting worse  
over the past year.

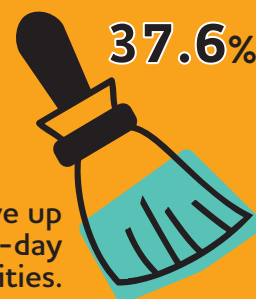
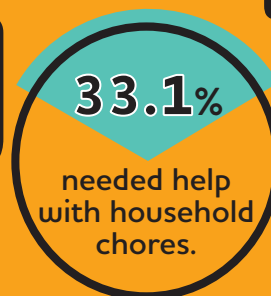


Only **TWO**  
in **FIVE**  
with SCD have talked  
to a health care  
provider about it.



**Nearly 80%**  
with SCD  
have at least  
one chronic  
condition.

### Among those with SCD...



**37.6%**  
had to give up  
day-to-day  
activities.

### **TWO** in **FIVE**



say SCD interfered with social activities,  
work, or volunteering.