## Subjective Cognitive Decline

Data from the 2015
Behavioral Risk Factor
Surveillance System

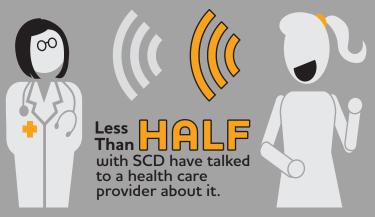
in New York

## people aged 45 and older are experiencing Subjective Cognitive Decline.

## SCD is self-reported MEMORY PROBLEMS

that have been getting worse over the past year.







75% with SCD have at least one chronic condition.

## Among those with SCD...

35.2%

needed help with household chores.



had to give up day-to-day activities.

**ONE in THREE** 







say SCD interfered with social activities, work, or volunteering.

alzheimer's 3



for more information:

www.alz.org/publichealth

www.cdc.gov/aging