

# SUBJECTIVE COGNITIVE DECLINE AMONG AFRICAN AMERICAN ADULTS

2015–2017 Behavioral Risk Factor Surveillance System (BRFSS) Data from African American adults in 49 States\*, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

**1 in 8**

African American adults aged 45 years and older are experiencing **Subjective Cognitive Decline**



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

**55%** of people with SCD had to give up day-to-day activities



**86%** of people with SCD have at least one chronic condition

**nearly one in two**

of people with SCD say it interfered with social activities, work or volunteering



**less than half**

of people with SCD have discussed their symptoms with a healthcare provider



**47%** of people with SCD need help with household tasks



\* All except Pennsylvania



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