Subjective Cognitive Decline

Data from the 2015**Behavioral Risk Factor** Surveillance System

in South Dakota

people aged 45 and older are experiencing **Subjective Cognitive Decline**. Among those with SCD... SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year. 30.3% 38.3% needed help 00 with household chores. had to give up day-to-day activities.

Nearly

with SCD have at least

one chronic

condition.

ONE in THREE



say SCD interfered with social activities, work, or volunteering.



with SCD have talked to a health care provider about it.

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alzheimer's \

for more information:

www.alz.org/publichealth

www.cdc.gov/aging