

April - June 2019

alzheimer's  association®

MEET-UP CALENDAR

Alzheimer's Association Meet-Up events are social/cultural activities for people with mild memory loss and their family members, friends and/or support person. Registration is required for each event. See individual event listings for registration instructions. Unless otherwise noted, please contact Deb Bryer at 800.272.3900 or dbryer@alz.org to register for meet-up events or if you have questions.

REGISTRATION IS REQUIRED FOR ALL EVENTS

Thursday, April 11

2:30 p.m.

Brain Games

Address: PSOP, 201 N. Church St., Belleville, IL, 62220

Cost: Free

Parking: Free, in lot across the street from front entrance.

Description: Fun activities & discussion to keep the mind active.

Registration: To register, contact Jodi Gardner at PSOP, 618-234-4410 ext 7031.

Thursday, April 18

5:00 – 7:00 p.m.

Potluck at the St. Louis Alzheimer's Association Office

Address: 9370 Olive Blvd., St. Louis, MO 63132

Cost: Free. (Bring a dish to share)

Parking: Free

Description: Meet at the Alzheimer's Association Office for an evening potluck. Everyone is invited to celebrate spring and enjoy good company! Those with last names starting A-M, please bring a main dish; those with last names starting N-Z, please bring a side or dessert.

Registration: Attendance is limited to 36 people. To register, contact Ginny thekaykramers@charter.net or (314) 596-7473.

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MEET-UP CALENDAR

REGISTRATION IS REQUIRED FOR ALL EVENTS

Wednesday, April 24

10:00 – 11:00 a.m.

St. Louis Zoo: Welcome Back our Stingrays and Sharks

Address: 1 Government Drive, St. Louis, MO 63110

Cost: Free

Parking: Free on-street parking. Parking in the north lot is \$15

Description: Every year we get excited to welcome our seasonal family members at Stingrays at Caribbean Cove. We'll start our adventure in The Living World and then work our way over the cove where we will touch and explore the natural history of our fishy friends. This is a unique experience that is fun for every age!

We will meet in The Living World building at the North Entrance of the Zoo. Please gather in the lower rotunda to meet your guide. There will be a short classroom welcome to begin with before exploring the Zoo. This is a walking tour so please wear comfortable shoes and gear for the weather; we'll be doing these tours rain or shine. We look forward to having you!

These tours are for individual people with memory loss and their family/friends/support person. Group tours are available for a fee and may be arranged by calling Hannah Petri at (314) 646-4548.

Registration: Online registration is required. For questions regarding registration, call the Education Department at (314) 646-4544, option 6. For program questions, please call the Manager of Docents and Interpreters at (314) 646-4548.



Wednesday, May 1

11:30 – 12:30 p.m.

Missouri Botanical Garden: Tram Tour

Address: 4344 Shaw Blvd., St. Louis, MO 63110

Cost: Free

Parking: Free (in the Missouri Botanical Garden parking lot)

Description: Check in at the Ridgway Visitor Center ticket counter at the Garden entrance & let staff know you're there for a Memory Tour. Proceed to the Tram Shelter Station, where the group will meet, and check in with the Visitor Services staff there. Enjoy a guided tram tour of the historic Missouri Botanical Garden created especially for people with memory loss and their family/friends. The tram will highlight the history and beauty of the Garden. Tour is free, but space is limited to provide a quality experience for all.

These tours are for individual people with memory loss and their family/friends/support person.

Registration: Attendance is limited. Registration is **REQUIRED**. To register online go to www.mobot.org/classes and click on "Guided Walks and Tours." Then click on this tour, and then click on the orange font near the top of the page that says, "Register Online Now." Call [314.577.9506](tel:314.577.9506) if you can't register online.



MISSOURI
BOTANICAL
GARDEN

April - June 2019

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MEET-UP CALENDAR

REGISTRATION IS REQUIRED FOR ALL EVENTS

Thursday, May 9

2:30 p.m.

Brain Games: CANCELLED

Description: No program this month due to Spring Break. Please consider attending next month, on June 13.

Saturday, May 11

10:30 – 11:30 a.m.

Missouri Botanical Garden: Walking Tour

Address: 4344 Shaw Blvd., St. Louis, MO 63110

Cost: Free

Parking: Free (in the Missouri Botanical Garden parking lot)

Description: Check in at the Ridgway Visitor Center ticket counter at the Garden entrance & let them know you're there for a Memory Tour. Then proceed upstairs, where the group will meet in the Monsanto Hall, by Tour sign. Enjoy a guided tour of the historic Missouri Botanical Garden created especially for people with memory loss and their family/friends. We will be taking a short walk highlighting the history and beauty of the Garden. Wheelchairs are available at no cost and scooters are available for a small rental fee. Tour is free, but space is limited to provide a quality experience for all.



These tours are for individual people with memory loss and their family/friends/support person.

Registration: Attendance is limited. Registration is **REQUIRED**. To register online go to www.mobot.org/classes and click on "Guided Walks and Tours." Then click on this tour, and then click on the orange font near the top of the page that says, "Register Online Now." Call [314.577.9506](tel:314.577.9506) if you can't register online.

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MEET-UP CALENDAR

REGISTRATION IS REQUIRED FOR ALL EVENTS

Wednesday, May 15

10:00 – 11:30 a.m

Missouri History Museum: Seeking St. Louis – Currents Exhibit

Address: 5700 Lindell, St. Louis, MO, 63112

Cost: Tour is free. Optional lunch is at your own expense.

Parking: Free – West parking lot entrance is off of Lindell, to the right of the building. Must give your name to the guard and confirm you are with the Alzheimer's Association event. Only those with reservations will be able to park in the reserved lot.

Description: Delve into the history of the Gateway City. Trace the lives of the fur traders and explorers, immigrants and factory workers, soldiers and citizens who played a role in St. Louis's development. Spanning nearly 200 years, this interactive gallery takes visitors on a journey from early settlement through the Civil War and its aftermath. Experience the city's disasters and triumphs, from terrible fires and a cholera outbreak to the end of slavery and the growth of local businesses.

These tours are for individual people with memory loss and their family/friends/support person.

Registration: Attendance is limited. Reservations are **REQUIRED**. Click here to [register online](#). To register by phone call the Missouri Historical Society at 314.361.9017



MISSOURI
HISTORY
MUSEUM

Wednesday, June 5

10:30 – 11:30 a.m.

Missouri Botanical Garden: Walking Tour

Address: 4344 Shaw Blvd., St. Louis, MO 63110

Cost: Free

Parking: Free (in the Missouri Botanical Garden parking lot)

Description: Check in at the Ridgway Visitor Center ticket counter at the Garden entrance & let them know you're there for a Memory Tour. Then proceed upstairs, where the group will meet in the Monsanto Hall, by Tour sign. Enjoy a guided tour of the historic Missouri Botanical Garden created especially for people with memory loss and their family/friends. We will be taking a short walk highlighting the history and beauty of the Garden. Wheelchairs are available at no cost and scooters are available for a small rental fee. Tour is free, but space is limited to provide a quality experience for all.

These tours are for individual people with memory loss and their family/friends/support person.

Registration: Attendance is limited. Registration is **REQUIRED**. To register online go to www.mobot.org/classes and click on "Guided Walks and Tours." Then click on this tour, and then click on the orange font near the top of the page that says, "Register Online Now." Call [314.577.9506](tel:314.577.9506) if you can't register online.



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MEET-UP CALENDAR

REGISTRATION IS REQUIRED FOR ALL EVENTS

Thursday, June 13

11:30 a.m. – 1:30 p.m.

Potluck: Springfield, MO

Address: Asbury United Methodist Church, 1500 S. Campbell, Springfield, MO, 65807

Cost: Free

Parking: Free

Description: Meet at the church for a potluck and short educational program. Everyone is invited to come together to enjoy good food and great company!

Registration: To register, contact Carol at 417-343-6452 or cemccain@att.net. She'll keep track of what dishes everyone is bringing & will be able to make suggestions about what's needed.

Thursday, June 13

2:30 p.m.

Brain Games

Address: PSOP, 201 N. Church St., Belleville, IL, 62220

Cost: Free

Parking: Free, in lot across the street from front entrance.

Description: Fun activities & discussion to keep the mind active.

Registration: To register, contact Jodi Gardner at PSOP, 618-234-4410 ext 7031.

Thursday, June 13

Potluck at the Alzheimer's Association Office

5:00 – 7:00 p.m.

Address: 9370 Olive Blvd., St. Louis, MO 63132

Cost: Free. (Bring a dish to share)

Parking: Free

Description: Meet at the Alzheimer's Association Office for an evening potluck. This potluck will be hosted by Team RWB, a veteran's organization, and will have a special focus on patriotism & veterans. It's open to all—not just veterans. Team RWB will be supplying the main dish—from **Sugarfire Smoke House!!!** Everyone else can bring a salad, side or dessert.

Registration: Attendance is limited to 36 people. To register, contact Elyse at elyse.murrell@teamrwb.org or 314-562-6354.



April - June 2019

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MEET-UP CALENDAR

REGISTRATION IS REQUIRED FOR ALL EVENTS

Tuesday, June 18

10:30 – 11:30 a.m.

St. Louis Art Museum: Green Space: American Landscapes

Address: 1 Fine Arts Drive, St. Louis, MO 63110

Cost: Free

Parking: Free public parking is available in the two lots located on the north side of Fine Arts Drive, across from the Museum. Paid parking is available in the Museum's underground parking garage - \$15 for non-members; \$5 for members. (To receive the membership discount, tickets must be validated at one of the Museum's Information Centers prior to payment at the electronic pay station. Payment is accepted at the electronic pay station located on level P1. Please remember to take your parking ticket with you into the Museum so you can pay.)

Accessible parking is available in the public lots and in the parking garage. Accessible entrances to the Museum are located at the East Building and in the parking garage. An accessible drop-off area is located directly in front of the East Building.

Description: Meet at the Visitor Information Desk in Taylor Hall (the newer East Building). Participants will experience an interactive tour led by experienced docents. This program provides a relaxed and inspiring environment to share experiences and to view and talk about art.

These tours are for individual people with memory loss and their family/friends/support person.

Registration: Attendance is limited and registration is required. To register, email Lisa Stelling-Jokisch at lisa.stelling-jokisch@slam.org or call her at 314-655-5268.

SAINT LOUIS
ART MUSEUM

Saturday, June 22

10:30 – 11:30 a.m.

Missouri Botanical Garden: Tram Tour

Address: 4344 Shaw Blvd., St. Louis, MO 63110

Cost: Free

Parking: Free (in the Missouri Botanical Garden parking lot)

Description: Check in at the ticket counter at the Garden entrance & let them know you're there for a Memory Tour. Proceed to the Tram Shelter Station, where the group will meet, and check in with the Visitor Services staff there. Enjoy a guided tram tour of the historic Missouri Botanical Garden created especially for people with memory loss and their family/friends. The tram will highlight the history and beauty of the Garden. Tour is free, but space is limited to provide a quality experience for all.

These tours are for individual people with memory loss and their family/friends/support person.

Registration: Attendance is limited. Registration is **REQUIRED**. To register online go to www.mobot.org/classes and click on "Guided Walks and Tours." Then click on this tour, and then click on the orange font near the top of the page that says, "Register Online Now." Call [314.577.9506](tel:314.577.9506) if you can't register online.



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