

The Alzheimer's Association is offering free <u>one-hour consultations</u> to discuss dementia and Alzheimer's-related issues. Consultations are offered by a social worker to answer your questions and address concerns. This can include things like caregiver stress, diagnosis questions, resources and services, coping with behaviors, and learning how to communicate with someone who has dementia.

December 7, 2018 | 9:00 AM - 3:00 PM

St. John's Community Care – Adult Day Program 222 Goethe Ave. | Collinsville, IL 62234

Please register by December 5, 2018

**APPOINTMENTS ARE REQUIRED.** Call 314.801.0414 to schedule your time now. \*Walk-ins may be accepted on Consultation Days, but only if time allows. <u>Individuals are encouraged to make an appointment</u> to guarantee a consultation.