

**Please Pledge to Help Me in the Fight to End Alzheimer’s!**

I am participating in the Longest Day, a team fundraising event to support the Alzheimer’s Association. Individual events take place throughout the year. Then, on the summer solstice, the longest day of the year, we unite to honor those living with dementia and their caregivers, for whom every day is the longest day. Please consider helping me by pledging your support below.

**My name is:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* I am a Longest Day individual fundraiser
* I am part of team \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**I am committed to:**

* A mile a day starting date \_\_\_\_\_\_\_\_\_ end date\_\_\_\_\_\_\_\_\_\_\_\_\_
* 10,000 steps per day starting date \_\_\_\_\_\_\_\_\_ end date\_\_\_\_\_\_\_\_\_\_\_\_\_
* An hour of activity every day starting date \_\_\_\_\_\_\_\_\_ end date\_\_\_\_\_\_\_\_\_\_\_\_\_
* Another Activity/Event: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**I am doing this to honor**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**How can you help?**

* **Please pledge a donation on my commitment described above as follows:**

\_\_\_\_$ 10 \_\_\_\_\_$ 20 \_\_\_\_$ 50 \_\_\_\_$ 100 \_\_\_\_\_other amount

1. Credit card donations can be made online at: [www.alz.org/TLD](http://www.alz.org/TLD). Click find a participant at top right then enter my name.
2. Checks should be payable to Alzheimer’s Association. Reference “TLD 2018” and return me.

**My Contact Information:**

Participant First Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Last name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City\_\_\_\_\_\_\_\_\_\_\_\_ State\_\_\_\_\_\_\_ Zip\_\_\_\_\_\_\_\_\_\_

Please contact me with any other questions at: Tel: \_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_

*A tax letter will be mailed to all online donors and check donors with an address on their check.*

**Thank You For Your Support!**