SEPTEMBER

Heart of America Chapter SUPPORT OPPORTUNITY SCHEDULE

Presented by the Alzheimer's Association®

Please consider attending one of these support opportunities facilitated by trained individuals to assist you and your loved ones through a journey with Alzheimer's or another dementia.



Support is available when you need it. Reach out 24/7 by calling our Education and Support Helpline at 800.272.3900 or logging onto ALZConnected.org.

Please note that some groups are held in person and some are virtual.

Upcoming holidays may impact regular meeting schedules. Please note changes listed in our calendar or call our 24/7 Helpline at 800.272.3900 for up-to-date information.

VIRTUAL GROUPS

Caregiver Support Group FIRST & THIRD TUESDAY 5:30PM

Register for First Tuesday

Register for Third Tuesday

Caregiver Support Group SECOND & FOURTH TUESDAY 6:00PM

Register for Second Tuesday

Register for Fourth Tuesday

Caregiver Support Group FIRST & THIRD WEDNESDAY 4:00PM

Register for First Wednesday

Register for Third Wednesday

Frontotemporal Degeneration (FTD) Caregiver Support Group LAST WEDNESDAY 5:00PM

Register Here

VIRTUAL GROUPS (continued)

Breakfast Club SECOND SATURDAY 9:30AM

Register Here

Live Well: Peer Support for Those Living with Early Stage Dementia FIRST THURSDAY 6:00PM

Register Here

SOCIAL ENGAGEMENT GROUPS

Jam Session: For Those With Dementia & Their Care Partners SEPTEMBER 12 1:30 PM

Register Here for Virtual

Or attend in person at Central Resource Library – Logan Room 9875 W 87th St. OP, KS 66212

Memory Cafe: For Those With Dementia & Their Care Partners LAST MONDAY, 1:00 PM

Dorothy Bramlage Public Library 230 W. 7th Street Junction City, KS 66441

SOCIAL ENGAGEMENT (continued)

Memory Cafe: For Those With Dementia & Their Care Partners LAST MONDAY, 1:30 PM

ArchWell Health, 9840 W. 87th St. Overland Park, KS 66212

Sunflower Memory Cafe: For Those With Dementia & Their Care Partners

THIRD TUESDAY, 10:00 AM

Olathe Indian Creek Library 16100 W. 135th St. Olathe, KS 66062

ADDITIONAL OPPORTUNITIES FROM OUR COMMUNITY PARTNERS

Minds in Motion: A Tour for Visitors with Memory Loss FIRST THURSDAY 1:00PM

Nelson Atkins Museum of Art Kansas City, MO For questions or to register, email communityprograms@nelson-atkins.org

Story Connections: A Program for Adults Experiencing Memory Loss and Their Care Partners LAST TUESDAY 2:00PM

National Museum of Toys & Miniatures For questions or to register, email rachelwathen@toyandminiaturemuseum.org



SEPTEMBER SUPPORT OPPORTUNITY SCHEDULE (continued)



IN-PERSON GROUPS

Caregiver Support Group SEPTEMBER 9, but will return to First Monday in October, 4:00PM

Prairie Elder Care 10034 W. 151st Street Overland Park, KS 66221

Caregiver Support Group **THIRD MONDAY, 4:00PM**

Senior Helpers, 7203 W. 110th St. Overland Park, KS 66210 Activity programs are available during this support group for loved ones in the early to mid stage of dementia. Please register ahead with Jeff Rigler at 913.851.4800 or jrigler@seniorhelpers.com.

Y(Our) Dementia Journey **THIRD MONDAY, 4:00PM**

Pozez Education Center, Centennial Room 1505 SW 8th Avenue Topeka, KS 66606

Caregiver Support Group **FOURTH MONDAY, 3:30PM**

First Southern Baptist Church 4300 W. 6th Street Lawrence, KS 66049

Memory Keepers: Support for Adult Children of Parents with Dementia

LAST MONDAY, 5:00PM

Meadowbrook Senior Living Multipurpose Room 9300 Parkside Drive Prairie Village, KS 66207 RSVP to 913.349.2900.

Caregiver Support Group **SECOND TUESDAY, 10:00AM**

First United Methodist Church 946 Vermont St. Lawrence, KS 66044

Learn & Cope Support **SECOND TUESDAY, 6:00PM**

Maggie's Place, Colonial Village Clubhouse, 12610 W. 137th Street Overland Park, KS 66221 RSVP to allyson.wisely@clv-op.com. This month, learn about wandering. This group focuses on a different topic each month.

Caregiver Support Group THIRD TUESDAY, 1:30PM

First United Methodist Church 1000 East State Rte. 92 Kearney, MO 64060

Caregiver Support Group THIRD TUESDAY, 5:00PM

Field Point Senior Living 5002 Gene Field Road St. Joseph, MO 64506

IN-PERSON GROUPS (continued)

Parkinson's-Related Dementia Support: For Care Partners & Individuals Living with Dementia (groups meet at the same time in separate rooms)

THIRD TUESDAY, 2:15PM

Parkinson's Exercise & Wellness Center 3665 W. 95th Street Overland Park, KS 66206 RSVP to info@thepewc.org.

Learn & Cope Support **FOURTH TUESDAY, 1:30PM**

Tiffany Springs Senior Living 2nd Floor Art Room 9101 N. Ambassador Dr. Kansas City, MO 64154 RSVP to tiffanyspringsIL@tutera.com. This group focuses on a different topic each month.

Lunchtime Connections FIRST WEDNESDAY, 12:00PM

Clinton Christian Church 1201 E Ohio St. Clinton, MO 64735 Please register ahead with Ranae Walrath at 660.890.7294 or rwalrath@gvmh.org.

Caregiver Support Group FIRST WEDNESDAY, 6:30PM

Alto Senior Living 10300 Indian Creek Parkway Overland Park, KS 66210 RSVP to Jerelyn at 913.232.8054.

Family Support Group Lunch SECOND WEDNESDAY, 12:30PM

Silverado Memory Care 3101 SW 3rd Street Lee's Summit. MO 64081 RSVP to whitney.sparks@silverado.com or call 816.500.8325.

Caregiver Support Group THIRD WEDNESDAY, 4:00PM

Evergreen Community of Johnson County 11875 S. Sunset, Suite 100 Olathe, KS 66061 RSVP to MachelleG@ehcks.org.

Learn & Cope Support **THIRD WEDNESDAY, 4:00PM**

Cedarhurst Senior Living 6732 SW 17th Street Topeka, KS 66615 RSVP to jbird@cedarhurstliving.com or 785.409.3897. This group focuses on a different topic each month.

Caregiver Support Group THIRD WEDNESDAY, 6:00PM

Oxford Grand at Shoal Creek 8280 N Tullis Ave. Kansas City, MO 64158

IN-PERSON GROUPS (continued)

Caregiver Support Group **FOURTH WEDNESDAY, 10:00AM**

Rock Creek of Ottawa 1100 W. 15th St. Ottawa, KS 66067

Care Partner Gathering **SECOND THURSDAY, 10:00AM**

Ashland United Methodist Church 2711 Ashland Ave. St. Joseph. MO 64506

Caregiver Support Group **SECOND THURSDAY, 4:00PM**

Stockton & Kandt, LLC 952 E. Lincoln Lane Gardner, KS 66030 RSVP to carrie@stocktonlaw.com.

Caregiver Support Group **SECOND THURSDAY, 6:00PM**

Silverado Memory Care 3101 SW 3rd Street Lee's Summit, MO 64081 RSVP to whitney.sparks@silverado.com or call 816.500.8325.

Caregiver Support Group **SECOND THURSDAY, 7:00PM**

Christ United Methodist Church 14506 East 39th St S Independence, MO 64055

Caregiver Support Group **THIRD THURSDAY, 2:00PM**

Paola Senior Center 121 W. Wea Street Paola, KS 66071 RSVP to Taylar Wallace at twallace@americareusa.net or 913.710.4985.

Caregiver Support Group THIRD THURSDAY, 1:00PM

Platte Woods United Methodist Church 7310 NW Prairie View Rd Platte Woods, MO 64151

Caregiver Support Group THIRD THURSDAY, 6:30PM

Monticello United Methodist Church 23860 W. 75th St. Shawnee, KS 66227

Caregiver Support Group SEPTEMBER 27, but will return to Second Friday in October 10:00AM

Care Haven Homes 3848 W. 75th Street Prairie Village, KS 66208

Care Partner Gathering **FOURTH FRIDAY, 10:00AM**

First United Methodist Church 102 N. Main St. Marvville, MO 64468