

## Stay in Touch with What's Happening!

### Open House

#### YOU ARE INVITED TO OUR OPEN HOUSE

We are hosting an Open House at our new office on **May 29 from 4 to 6 p.m.** with a ribbon cutting at 4:30 p.m. Stop by for a quick tour and some refreshments.

[PLEASE JOIN US! RSVP HERE](#)

#### ALZHEIMER'S EDUCATION CLASSES

Alzheimer's and dementia don't come with an instruction manual, but there are resources available to help. The Alzheimer's Association offers free education programs to learn more about what to expect and how to prepare for the future.

[CLICK HERE TO LEARN MORE ABOUT LOCAL EDUCATION CLASSES](#)

*Or review some of our Spring feature classes listed below*

#### THE ALZHEIMER'S JOURNEY: 7-PART SERIES

Thursdays through May 16 from 2 to 3 p.m. at the LaCygne Library, 209 N. Broadway, LaCygne, KS

[CLICK HERE TO LEARN MORE](#)

#### GRUB HUB: BRING YOUR LUNCH AND COME HUNGRY FOR KNOWLEDGE

Second Monday of the month from Noon to 12:45 p.m. at the OZone in Osawatomie, KS. [LEARN MORE](#)

#### MISSOURI CAREGIVER PROGRAM

This program provides small grants, up to \$1,000 to help with the cost of respite services, care products, home modifications or assistive technology for individuals living with Alzheimer's or another dementia. The person receiving care must be living with Alzheimer's disease or another dementia and both the primary caregiver and care recipient must live in Missouri.

[CLICK HERE TO LEARN MORE](#)

#### VIRTUAL AND IN-PERSON SUPPORT GROUPS

The Alzheimer's Association collaborates with many community partners to provide support groups where needed. Support groups are a way to learn how others in similar situations are coping. These groups are a safe place to share your journey.



[CLICK HERE TO SEE THE CURRENT SUPPORT GROUP SCHEDULE](#)

#### THE LONGEST DAY

alzheimer's association

### WHAT WILL YOU DO TO FIGHT ALZHEIMER'S?

[CLICK HERE TO LEARN ABOUT EVENTS HAPPENING LOCALLY TO SUPPORT THE LONGEST DAY](#)

#### HIKING, FISHING, CRAFTING OR PLAYING BRIDGE

These are just some of the activities people are doing to raise funds for The Longest Day. Use your imagination – the sky is the limit.

#### WALK TO END ALZHEIMER'S

ALZHEIMER'S ASSOCIATION

All Walk dates for the Heart of America Chapter are set for 2024.



[REGISTER & START FUNDRAISING TODAY!](#)

#### SOCIAL ENGAGEMENT ACTIVITIES



Choose between three monthly activities including:

Memory Café (in person)

Music Jam Session (virtual and in person)

ALZSports (in person)

[CLICK HERE FOR MORE INFORMATION ABOUT SOCIAL ENGAGEMENT ACTIVITIES](#)

STAY UP TO DATE VIA OUR SOCIAL MEDIA!



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Alzheimer's Association  
Heart of America Chapter