



The Alzheimer's Association is committed to helping professionals meet the challenges of Alzheimer's disease.

Join us for a training for professionals caring for individuals living with dementia in health care and community care settings.

About Dementia: Dementia Basics

At the end of the class, the participant will be able to:

- Define dementia and its symptoms
- Discuss how these symptoms affect functional abilities
- Describe ways to help people with dementia

About Dementia: Improving Communication

At the end of the class, the participant will be able to:

- Understand communication challenges for people with dementia
- Understand how to use non-verbal communication strategies
- Describe steps in the Positive Physical Approach
- List the guidelines for improving verbal communication

**Tuesday, May 21
6 - 8 p.m.**

Shirlington Branch Library
4200 Campbell Avenue
Arlington, VA 22203

*presented by
Chris Nufer, MA, LMHC, LPC*

These back-to-back one-hour courses are made possible **at no cost to you** thanks to the the Virginia Department of Social Services.

**To register,
call 800.272.3900
or visit alz.org/nca**