



THE BRAINS BEHIND SAVING YOURS®

Virtual Dementia Education Conference | September 2, 2020

Participants will be automatically enrolled in the Opening and Closing Sessions. When you register, please choose 1 workshop for each break-out session.

WORKSHOPS AT-A-GLANCE

Table with 3 columns: 10:30am-11:30am, 12:00pm-1:00pm, 1:15pm-2:15pm. Rows include workshops like 'Faith Resources for Living with Dementia', 'Hospice Care - It's About How You LIVE!', 'Beyond Public Policy: What Happens After Governments Act', etc.

WORKSHOPS SESSION DESCRIPTIONS - KEYNOTES

Opening Session 9am-10:15am

Advancing the Science: The Latest in Alzheimer's Research

Heather M. Snyder, Ph.D.
Vice President, Medical & Scientific Relations
Alzheimer's Association

Alzheimer's is a global health crisis with more than 5 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and all other dementia. These advances are leading to great strides in strategies for prevention, detection, diagnostics, and therapeutic interventions. Dr. Snyder will provide an update on latest developments, challenges and opportunities to and for science during the COVID-19 pandemic, and news from the 2020 Alzheimer's Association International Conference.

Closing Session 2:30pm-3:30pm

Moments Matter

Dave Sanderson
International Speaker and Author

Living with dementia and caring for a loved one living with dementia requires resiliency and strength. When US Airways Flight 1549, or "The Miracle on the Hudson" ditched into the Hudson River on January 15, 2009, Dave Sanderson not only survived the "crash" but also started to realize that the moments that made up his life prepared him for what was about to happen. In this stirring presentation, Sanderson reveals the inner strength it took to make it through the day, and how you can grow from challenges throughout your personal and business life and how resiliency, leadership, and state management can help you not only overcome any obstacle but grow and thrive!

WORKSHOP SESSION DESCRIPTIONS 10:30am-11:30am

The following workshops are offered at 10:30AM. Please choose 1.

***Faith Resources for
Living with Dementia***

Ret. Bishop Kenneth
L. Carder

The session will provide a theological lens through which to view dementia and provide ways of responding to the spiritual challenges and opportunities of those affected by the diseases.

***Legal Supports for
Loved Ones***

Anne Marie Daniel,
Esq.

Matthew A. Freeze,
Esq.

Those of us who support loved ones who are navigating dementia see two potential paths for addressing legal issues and challenges: one proactive and the other reactive. To be proactive, our loved ones can execute powers of attorney and other estate planning documents. Sometimes, however, our loved ones are no longer capable of making such decisions and we must be reactive. This presentation will explore these two options our loved ones face: being proactive and executing advanced planning documents or being reactive and going through a guardianship.

***Let's Talk about Sex:
Changes to Intimacy
and Sexuality with
Dementia***

Alyssa Szymanski
Botte, MDiv, MA,
LPCA

Changes to intimacy and sexuality are rarely addressed in conversations with doctors, in support groups, or with friends or family. Being able to freely speak about common changes that occur to sexual relationships can help both persons with dementia and care partners feel less isolated, decrease shame and stigma, and increase a sense of emotional and sexual wellbeing. This workshop will explore common themes related to sexuality including changes in sex drive, changes in sexual behavior manifestation, changes to physical and cognitive sex ability, consenting to sexual relations, and creating intimacy through non-sexual ways. The program will incorporate evidenced-based conclusions from recent research, as well as the stories from persons with dementia and care partners.

WORKSHOP SESSION DESCRIPTIONS 12:00pm-1:00pm

The following workshops are offered at 12:00pm. Please choose 1.

***Hospice Care - It's
About How You
LIVE!***

Tina Ketchie Stearns,
MBA

Join this workshop to better understand what hospice and palliative care are and are not. Participants will learn about eligibility, the various levels of care, and appropriate timing for a hospice consult. In addition, Ms. Stearns will explain Advance Care Planning, what living wills and power of attorney documents mean, and how to select a healthcare agent to speak for you if you cannot direct your own care.

***The African
American
Experience with
Alzheimer's and
Dementia***

Juanita Wade

Macie P. Smith, Ed.D.

African American families are twice as likely to face a diagnosis of Alzheimer's/Dementia. Addressing the associated challenges puts families, particularly caregivers, in difficult and stressful situations. In this workshop, we will provide data and experiential insight into how families are managing the insurmountable challenges that are often associated with caring for a loved one with Alzheimer's or dementia, with an emphasis on the African American family unit.

***When Care Meets
Love: Rewriting
Relationship Scripts
and Enhancing
Caregiver
Connections and
Communications***

Zachary White, Ph.D.

Donna Thomson

The communication challenges of the caregiver role are rarely appreciated, nor well understood. This workshop will identify specific and recurring communication challenges of caregiving. By focusing on communication strategies helpful to rewriting the ways in which we think and talk about our relationships when care meets love, participants will be able to: Understand the challenges of explaining how care is changing them and their relationships and Create more meaningful and authentic ways to communicate their caregiver experiences.

WORKSHOP SESSION DESCRIPTIONS 1:15pm-2:15pm

The following workshops are offered at 1:15pm. Please choose 1.

Beyond Public Policy: What Happens After Governments Act

Matthew Baumgart
VP of Health Policy
Alzheimer's
Association

In recent years, the Alzheimer's Association has been very successful at getting governments -- at the federal and state levels -- to enact policies to address the Alzheimer's crisis. But changing laws and regulations is one thing; changing lives is another. What happens after the successful public policy efforts? What does it all mean for those living with dementia and their caregivers? How does the Association's work on care and support extend -- and affect -- what the Association does on public policy? This session will answer these questions by taking a look at what happens after governments act.

Living with Younger-onset Alzheimer's and Dementia, A Panel

Jay Reinstein

Pamela McElreath

Brian Van Buren

Elaine Deck

The term "Younger-onset" Alzheimer's refers to individuals under 65 years of age who are diagnosed with Alzheimer's or another dementia.

A diagnosis at this time in life brings unique challenges as many individuals are still in the work-place, their spouses/ partners may also be working full-time, and they may still have "full-time" parenting responsibilities, whether children or grandchildren.

Join our panelists living with Younger-onset Alzheimer's or dementia as they share experiences of the diagnostic process and their lives now. Hear how they have embraced advocacy and community service and sought to create supportive networks.

"My life changed forever . . . it is more complicated, but it is . . . a good life."

The Diagnostic Journey and Physician Relationships

Mark A. Pippinger,
M.D.

Who ultimately should be determining a diagnosis of Alzheimer's disease or another dementia? When should our primary care physician refer us or how should we ask for a referral? And, what does the diagnostic process entail? This workshop will explore those questions. In addition, it will address what the patient-caregiver-physician relationships look like. Who coordinates care, what can patients expect, and how do patients best advocate for themselves?
