

# IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association®



In-person support groups are available throughout Orange County. Pre-registration is encouraged, but walk-ins are welcome. To register or to learn more, please email the contact for each group.

## LOS ALAMITOS

**1st Tuesday | 3:00-4:30PM**

Westmont of Cypress, Activity Room  
4889 Katella Ave., Cypress, CA 90720  
Contact David at [dachin@alz.org](mailto:dachin@alz.org)

## HUNTINGTON BEACH

**3rd Monday | 6:00-7:30PM**

Calvary Chapel Beachside, Unit 4 (South Side)  
19400 Beach Blvd., #26, Huntington Beach, CA 92648  
Contact David at [dachin@alz.org](mailto:dachin@alz.org)

## MISSION VIEJO

**3rd Wednesday | 9:30-11:00AM**

Mt. of Olives Adult Day Program, Room F  
24772 Chrisanta Dr., Mission Viejo, CA 92691  
Contact Michelle at [mipichardo@alz.org](mailto:mipichardo@alz.org)

## FOUNTAIN VALLEY | VIETNAMESE CAREGIVER SUPPORT GROUP

**2nd Wednesday | 10:30AM-12:00PM**

Vietnamese American Cancer Foundation (VACF)  
17150 Newhope St., Fountain Valley, CA 92708  
Contact David at [dachin@alz.org](mailto:dachin@alz.org)

**Alzheimer's Association  
24/7 Helpline:  
800-272-3900**

**Call for free, around-the-clock help  
and the latest information.**

**Llame para obtener ayuda y informacion  
en español gratuita las 24 horas.**

These groups are for caregivers of individuals, family and friends facing dementia. For resources for professionals, call 800.272.3900. Student observation is not permitted!

38 Executive Park, Suite 350, Irvine, CA 92614 | [alz.org/oc](http://alz.org/oc)

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 **ALZHEIMER'S  
ASSOCIATION**

**Orange County Chapter**

# ONLINE SUPPORT GROUPS

Presented by the Alzheimer's Association®



Online meetings via Zoom. Registration required to receive login information. In person support groups are available in Orange County for family caregivers. **To register or to learn more, please email the contact for each group.**

## MONTHLY GROUPS FOR FAMILY & FRIEND CAREGIVERS

**1st Wednesday | 10-11:30AM**

Mission Viejo/South Orange County  
Contact Michelle at [mipichardo@alz.org](mailto:mipichardo@alz.org)

**2nd Tuesday | 7-8:30PM**

Brea/North Orange County  
Contact David at [dachin@alz.org](mailto:dachin@alz.org)

**3rd Tuesday | 12-1:30PM**

Irvine/Central Orange County  
Contact Michelle at [mipichardo@alz.org](mailto:mipichardo@alz.org)

## MONTHLY GROUP FOR YOUNGER ONSET

(Caregivers of a loved one younger than 65 years old living with Alzheimer's disease or other dementia.)

**3rd Thursday | 7-8:30PM**

Contact Michelle at [mipichardo@alz.org](mailto:mipichardo@alz.org)

## MONTHLY GROUP FOR LGBTQ+ CAREGIVERS

**2nd & 4th Thursday | 10:30AM-12PM**

Contact Vanessa at 408-372-9976 or [vsouza@alz.org](mailto:vsouza@alz.org)

## MONTHLY GROUP FOR YOUNG DEMENTIA CAREGIVERS

(Young caregivers of a parent or loved one living with Alzheimer's disease or other dementia.)

**2nd Wednesday | 7:30-9PM**

Contact Yael at 310-912-9120 or [ywyte@alz.org](mailto:ywyte@alz.org)

## GRUPO DE APOYO EN ESPAÑOL, TELEPHONE

**2do & 4to martes del mes | 1-2:30PM**

Contact Linda at 213-220-0713

**Additional groups in other languages and for persons with early dementia are available through our network of chapters. Please call 800.272.3900 or search our online Community Resource Finder.**

These groups are for caregivers of individuals, family and friends facing dementia. For resources for professionals, call 800.272.3900. Student observation is not permitted!