

IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association®



In-person support groups are available throughout Orange County. Pre-registration is encouraged, but walk-ins are welcome. To register or to learn more, please email the contact for each group.

LOS ALAMITOS

1st Tuesday | 3:00-4:30PM

Westmont of Cypress, Activity Room
4889 Katella Ave., Cypress, CA 90720
Contact Michelle at mipichardo@alz.org

HUNTINGTON BEACH

1st Monday | 6:00-7:30PM

Alzheimer's Family Center
9451 Indianapolis Ave, Huntington Beach, CA, 92646
Contact Michelle at mipichardo@alz.org

2nd Monday | 6:00-7:30PM

Calvary Chapel Beachside, Unit 4 (South Side)
19400 Beach Blvd., #26, Huntington Beach, CA 92648
Contact Michelle at mipichardo@alz.org

MISSION VIEJO

3rd Wednesday | 9:30-11:00AM

Mt. of Olives Adult Day Program, Room F
24772 Chrisanta Dr., Mission Viejo, CA 92691
Contact Michelle at mipichardo@alz.org

These groups are for caregivers of individuals, family and friends facing dementia. For resources for professionals, call 800.272.3900. Student observation is not permitted!

38 Executive Park, Suite 350, Irvine, CA 92614 | alz.org/oc

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FOUNTAIN VALLEY | VIETNAMESE CAREGIVER SUPPORT GROUP

2nd Wednesday | 10:30AM-12:00PM

Vital Access Care Foundation (VACF)
17150 Newhope St., Fountain Valley, CA 92708
Contact Michelle at mipichardo@alz.org

**Alzheimer's Association
24/7 Helpline:
800-272-3900**

**Call for free, around-the-clock help
and the latest information.**

**Llame para obtener ayuda y informacion
en español gratuita las 24 horas.**

 **ALZHEIMER'S
ASSOCIATION**

Orange County Chapter

ONLINE SUPPORT GROUPS

Presented by the Alzheimer's Association®



Online meetings via Zoom. Registration required to receive login information. In person support groups are available in Orange County for family caregivers. **To register or to learn more, please email the contact for each group.**

MONTHLY GROUPS FOR FAMILY & FRIEND CAREGIVERS

1st Wednesday | 10-11:30AM
Mission Viejo/South Orange County
Contact Michelle at mipichardo@alz.org

2nd Tuesday | 7-8:30PM
Brea/North Orange County
Contact Michelle at mipichardo@alz.org

3rd Tuesday | 2:30-4:00PM
Irvine/Central Orange County
Contact Michelle at mipichardo@alz.org

MONTHLY GROUP FOR YOUNGER ONSET

(Caregivers of a loved one younger than 65 years old living with Alzheimer's disease or other dementia.)

3rd Thursday | 7-8:30PM
Contact Michelle at mipichardo@alz.org

MONTHLY GROUP FOR LGBTQ+ CAREGIVERS

2nd & 4th Thursday | 12:00-1:30PM
Contact Yael at 310-912-9120 or ywyte@alz.org

MONTHLY GROUP FOR YOUNG DEMENTIA CAREGIVERS

(Young caregivers of a parent or loved one living with Alzheimer's disease or other dementia.)

1st Monday | 7:30-9PM
Contact Yael at 310-912-9120 or ywyte@alz.org

GRUPO DE APOYO EN ESPAÑOL, TELEPHONE

2do & 4to martes del mes | 1-2:30PM
Contact Linda at 213-220-0713

Additional groups in other languages and for persons with early dementia are available through our network of chapters. Please call 800.272.3900 or search our online Community Resource Finder.

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