



CAREGIVER EDUCATION + TRAINING

EMPOWERED CAREGIVER SERIES

This education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia. Caregivers can register for individual courses to meet their needs or complete the entire series.

Part 1: Building Foundations of Caregiving

Building Foundations of Caregiving explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

Tuesday, May 7 | 6:00-7:00PM

[REGISTER ONLINE](#)

Part 2: Supporting Independence

Supporting Independence focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

Thursday, May 9 | 6:00-7:00PM

[REGISTER ONLINE](#)

Part 3: Exploring Care & Support Services

Exploring Care and Support Services examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of life care.

Tuesday, May 14 | 6:00-7:00PM

[REGISTER ONLINE](#)

Part 4: Communicating Effectively

Communicating Effectively teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

Thursday, May 16 | 6:00-7:00PM

[REGISTER ONLINE](#)

Part 5: Responding to Dementia-Related Behaviors

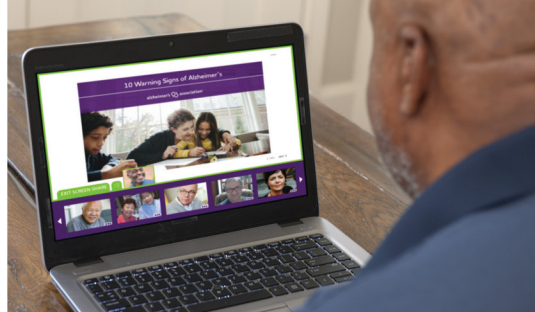
Responding to Dementia-Related Behaviors details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

Wednesday, May 22 | 6:00-7:00PM

[REGISTER ONLINE](#)

 **ALZHEIMER'S
ASSOCIATION**

Orange County Chapter



SPECIAL PROGRAMS

MAY 2024

New Advances in Alzheimer's Treatments

Learn about Aduhelm and Leqembi, new advancements in Alzheimer's treatment. An overview of how Aduhelm and Leqembi work, who are the intended candidates to receive the treatment, availability, and more.



DR. CHARLES WILCOX

As the genesis for Praxis Research Consulting, in late-2019 Dr. Charles Wilcox concluded his > 40 year career, at The Pharmacology Research Institute [PRI]—Encino, Riverside, Long Beach/Los Alamitos and Newport Beach, CA

where he worked since 1978, serving as Founder/Executive Director/Co-Investigator. Throughout his tenure, PRI was consistently on the leading edge of clinical research, including matters of brain health. His research results and innovative methodologies have been published in peer-reviewed scientific journals, cited thousands of times and presented at more than 100 scientific conferences, all around the world.

Friday, May 10 | 1:00-2:00PM

OLLI CSUF / Shapiro AB
Ruby Gerontology Center
800 N State College Blvd, Fullerton, CA 92831

[REGISTER ONLINE](#)

Legal & Financial Planning Workshop

The diagnosis of Alzheimer's disease or related dementia makes planning for the future more important than ever. Join us to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you. Topics covered will include:

- Making legal plans that fit your needs
- Legal documents you will need and what they mean for you and your family
- How to find legal and financial assistance
- Practical strategies for making a long-term plan of care
- Tax deductions and credits



DANIEL R. YORK

Daniel is an elder law attorney in Fullerton, CA. He has practiced law for more than 30 years and is a member of organizations that advocate for elders including the National Academy of Elder Law Attorneys (NAEL). Dan chairs the North Orange

County Senior Collaborative, a service group committed to identifying and addressing the unmet needs of seniors and their support systems in the North Orange County area.

Wednesday, May 22 | 10:00AM-1:00PM

[REGISTER ONLINE](#)



Orange County Chapter