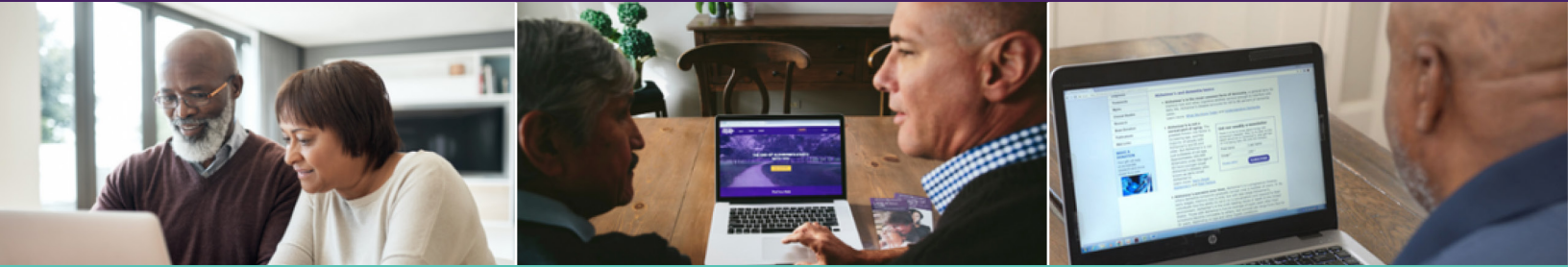


# ONLINE PROGRAMS

Presented by the Alzheimer's Association®



## MAY 2024

### ONLINE EDUCATION

Accessible by Zoom with the option to dial in via phone. Advance registration is required to receive login information. All times are PST.

#### Healthy Living for Your Brain and Body

Learn what research has shown about lifestyle choices that may help keep your brain and body healthy as you age. Hear practical ways to incorporate changes into a plan for healthy aging.

**Wednesday, May 1 | 5:30-6:30PM**

[REGISTER ONLINE](#)

#### New Advances in Alzheimer's Treatments

Learn about Aduhelm and Leqembi, new advancements in Alzheimer's treatment. An overview of how Aduhelm and Leqembi work, who are the intended candidates to receive the treatment, availability, and more.

**Friday, May 10 | 1:00-2:00PM**

[REGISTER ONLINE](#)

#### Understanding Dementia Behaviors

Review caregiver tips and strategies to respond to some common behaviors associated with dementia such as agitation, confusion, wandering, and more.

**Wednesday, May 15 | 5:30-6:30PM**

[REGISTER ONLINE](#)

#### Managing Money:

#### A Caregiver's Guide to Finances

If you or someone you know is affected by Alzheimer's disease or dementia, the time for planning is now. Learn about important legal and financial issues you may face and how to put plans in place.

**Friday, May 17 | 4:00-5:30PM**

[REGISTER ONLINE](#)

#### Legal & Financial Planning Workshop

The diagnosis of Alzheimer's disease or related dementia makes planning for the future more important than ever. Join us to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you. Topics covered will include:

- Making legal plans that fit your needs
- Legal documents you will need and what they mean for you and your family
- How to find legal and financial assistance
- Practical strategies for making a long-term plan of care
- Tax deductions and credits

**Wednesday, May 22 | 10:00AM-1:00PM**

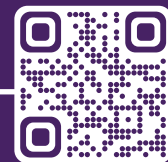
[REGISTER ONLINE](#)



Orange County Chapter

# ONLINE PROGRAMS

Presented by the Alzheimer's Association®



## MAY 2024

### The Empowered Caregiver Series

This education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia. Caregivers can register for individual courses to meet their needs or complete the entire series.

#### Part 1: Building Foundations of Caregiving

Building Foundations of Caregiving explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

**Tuesday, May 7 | 6:00-7:00PM**

[REGISTER ONLINE](#)

#### Part 2: Supporting Independence

Supporting Independence focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

**Thursday, May 9 | 6:00-7:00PM**

[REGISTER ONLINE](#)

#### Part 3: Exploring Care & Support Services

Exploring Care and Support Services examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of life care.

**Tuesday, May 14 | 6:00-7:00PM**

[REGISTER ONLINE](#)

#### Part 4: Communicating Effectively

Communicating Effectively teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

**Thursday, May 16 | 6:00-7:00PM**

[REGISTER ONLINE](#)

#### Part 5: Responding to Dementia-Related Behaviors

Responding to Dementia-Related Behaviors details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

**Wednesday, May 22 | 6:00-7:00PM**

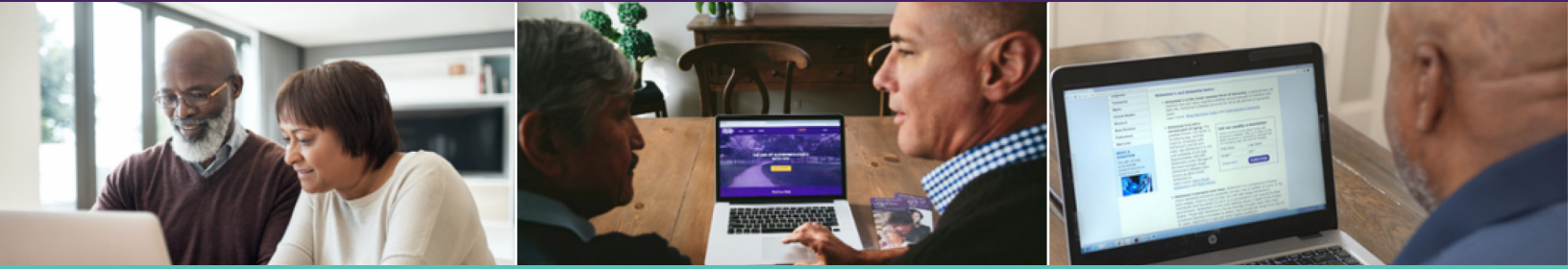
[REGISTER ONLINE](#)



Orange County Chapter

# ONLINE PROGRAMS

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## MAYO / THÁNG NĂM 2024

### PROGRAMAS VIRTUALES

Accesible por Zoom con la opción de marcar por teléfono. Se requiere registro previo para recibir información de inicio de sesión. Todos los horarios son PST.

#### Información para Entender la Enfermedad de Alzheimer y la Demencia

La enfermedad de Alzheimer no es una parte normal del envejecimiento. Si usted o alguien que usted conoce está afectado por la enfermedad de Alzheimer o la demencia, es el momento de conocer los hechos. Este programa proporciona información sobre detección, causas y factores de riesgo, las etapas de la enfermedad, el tratamiento y mucho más.

**miércoles 8 de mayo | 5:30-6:30PM**

[Registro en línea](#)

### KHÓA HỌC ONLINE

Có thể truy cập bằng Zoom với tùy chọn quay số qua điện thoại. Cần đăng ký trước để nhận thông tin đăng nhập. Tất cả thời gian đều là PST.

#### Hiểu về Alzheimer và Mất trí nhớ

Học sự khác biệt giữa Alzheimer và mất trí nhớ, các giai đoạn của Alzheimer, các yếu tố rủi ro, nghiên cứu và các phương pháp điều trị được FDA chấp nhận.

**Thứ Sáu, ngày 31 tháng 5 | 4:00-5:00PM**

[ĐĂNG KÝ TRỰC TUYẾN](#)

