

Alzheimer's Association® Support Groups

Support groups create a safe, confidential, supportive environment or community and a chance for participants to develop informal mutual support and social relationships. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems.

Alzheimer's Association Caregiver Support Groups

Alzheimer's Association caregiver support groups are conducted by trained facilitators and are a safe place for caregivers, family and friends of persons with dementia. These groups help caregivers develop a support system, allow members to exchange practical information on caregiving challenges and possible solutions, and talk through issues and ways of coping, as well as share feelings, needs and concerns. They are also a place to learn about outside community resources. See attached pages for a complete listing of our caregiver support groups in Deschutes county.

Telephone Caregiver Support Group

Alzheimer's Association telephone support groups provide emotional, educational and social support for caregivers through regularly scheduled meetings. Held via telephone/conference call to accommodate individuals living in remote areas or who are unable to travel to a meeting site, these groups operate similarly to inperson caregiver support groups. To register, please call 800-272-3900.

Telephone Caregiver Support Group is held on the third Thursday of the month from 1 to 2:30 p.m.

Alzheimer's Association Early-Stage Support Groups

Early-stage support groups provide emotional, educational and social support for people in the early stages (or beginning stages) of Alzheimer's disease or dementia, irrespective of age. Care partners are strongly encouraged to attend as well. Screening and registration are required for all potential early-stage support group participants. To register, please call 800-272-3900.

See attached pages for a complete listing of our early-stage support group in Deschutes county.

Please call 1-800-272-3900 for more information or to register.

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CAREGIVER SUPPORT GROUPS

BEND

Alzheimer's Association Bend Office

Second Tuesday of the month 1 to 2:30 p.m. 777 NW Wall St., Suite 104, Bend, OR 97703 **Bend Senior Center** Third Thursday of the month 5 to 6:30 p.m. 1600 SE Reed Market Road, Bend, OR 97702

REDMOND

Community Presbyterian Church

Third Wednesday of the month 2 to 3:30 p.m. 529 NW 19th St., Redmond OR 97756

SISTERS

Sisters City Hall First Tuesday of the month 12 to 1:30 p.m. 520 E. Cascade Ave., Sisters, OR 97759

GRANT

Department of Human Services APD Suite E Conference Room Third Monday of the month from 11:30 a.m. to 1 p.m. 725 W. Main St, Suite E, John Day, OR 97845

EARLY-STAGE SUPPORT GROUPS

Early Stage Support Groups are designed to provide emotional, educational and social support for caregivers and people in the early stage of Alzheimer's disease or other dementias through regularly scheduled meetings. Dates are subject to change; please call to confirm meetings.

Registration and screening are required at 800-272-3900.

BEND

Bend Church of the Nazarene Second Wednesday of the month 1:30 to 3 p.m. 1270 NE 27th St, Bend, OR 97701

Please call 1-800-272-3900 for more information or to register.

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