

IN-PERSON EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



October, 2024

REGISTER: [ALZ.ORG/CRF](https://alz.org/crf)
24/7 HELPLINE: 800.272.3900

Available throughout San Luis Obispo, Ventura & Santa Barbara Counties. Pre-registration is encouraged.

Center for Dementia Respite Innovation Community Listening Session: Friendship Adult Day Center

Wed., Oct. 9
5:00-7:00pm
Carpinteria Arts Center
865 Linden Ave.
Carpinteria, CA 93013

Empowered Caregiver: Exploring Care & Supportive Services

Wed., Oct. 16
10:00-11:30am
St. Barnabas Episcopal Church
301 Trinity Ave.
Arroyo Grande, CA

Understanding Alzheimer's & Dementia

Wed., Oct. 16
3:30-5:00pm
Shell Beach Library
230 Leeward Ave.
Pismo Beach, CA
Paulina Flores-Jimenez, Community Educator
(In collab with: SLO Public Health & Libraries)

Where are My Keys? vs. What are My Keys? (10 Warning Signs of Dementia)

Fri., Oct. 25
10:00-11:30am
Merrill Gardens
1220 N. Suey Rd.
Santa Maria, CA
Terri Frantz, Community Educator

Healthy Living for Brain & Body

Fri., Oct. 25
1:00-2:00pm
Elwin Mussell Senior Center
510 E. Park Ave.
Santa Maria, CA
Terri Frantz, Community Educator

Experiencing Loss in Pieces: Dementia & Anticipatory Grief Workshop

Tue., Oct. 29
10:00-11:30am
Dignity Health - French Hospital
Education Pavilion Auditorium
1911 Johnson Ave.
San Luis Obispo, CA
In collaboration with: Hospice of SLO County &
Community Counseling Center
(CEUs available)
RSVP Required: bit.ly/alzgrief

Community Events: October, 2024: Clearwater Artisanal Market: Active Aging Week

Wed., Oct. 2
11:00am-1:00pm
Clearwater Senior Living
750 Clyde River Place
Camarillo, CA

Senior Expo of Santa Barbara

Thurs., Oct. 17
9:00am-12:00pm
Earl Warren Showgrounds
3400 Calle Real
Santa Barbara, CA 93105

CCPN Senior Health Expo

Sat., Oct. 19
9:00am-12:00pm
325 Posada Lane
Templeton, CA 93465

Join Us: Walk to End Alzheimer's

Register for your local Walk today!
www.alz.org/cacentralwalks
Westlake Village: 10/19/2024
San Luis Obispo: 11/2/2024
Santa Barbara: 11/16/2024

24/7 Helpline:
800.272.3900

 **ALZHEIMER'S
ASSOCIATION**

California Central
Coast Chapter