

IN-PERSON EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



November, 2024

REGISTER: [ALZ.ORG/CRF](https://alz.org/crf)
24/7 HELPLINE: 800.272.3900

Available throughout San Luis Obispo, Ventura & Santa Barbara Counties. Pre-registration is encouraged.

Healthy Living for Your Brain & Body

Fri., Nov. 8

10:00-11:00am

Ventura Avenue Adult Center
550 N Ventura Ave.
Ventura, CA

10 Warning Signs of Dementia

Wed., Nov. 12

5:00-6:00pm

Zoom Meeting

Rosalyn Rivera, Community Educator

Healthy Living for Your Brain & Body

Wed., Nov. 13

1:00-2:30pm

Oak Shores Clubhouse
2727 Turkey Cove
Paso Robles, CA
Kris Allen, Community Educator

10 Warning Signs of Dementia

Wed., Nov. 16

11:00am-1:00pm

Faith Mission Christian Fellowship Church
1369 Del Norte Road
Camarillo, CA

Healing Lunch: Spirituality & Dementia

Tues., Nov. 19

12:00-1:00pm

St. Luke's Episcopal Church
5318 Palma Ave.
Atascadero, CA
Sheral Marshall & Maureen Sinnott, Speakers

Empowered Caregiver: Communicating Effectively

Wed., Nov. 20

10:00-11:30am

St. Barnabas Episcopal Church
301 Trinity Ave.
Arroyo Grande, CA

10 Warning Signs of Dementia vs. Typical Aging

Wed., Nov. 20

3:30-5:00pm

Shell Beach Library
230 Leeward Ave.
Pismo Beach, CA

Paulina Flores-Jimenez, Community Educator
(In collab with: SLO Public Health & Libraries)

Senales de Advertencia de la Enfermedad de Alzheimer

Fri., Nov. 22

1:00-2:00pm

Elwin Mussell Senior Center
510 E. Park Ave.
Santa Maria, CA
Rosalyn Rivera, Community Educator

Community Events: November, 2024:

South County Senior Expo

Tues., Nov. 19

10:00am-2:00pm

South County Regional Center
800 W Branch St.
Arroyo Grande, CA

Lompoc Caregiver Information Session

Tues., Nov. 19

5:00pm-7:00pm

Dick DeWees Community & Senior Center
Westside Shopping Center

Join Us: Walk to End Alzheimer's

Register for your local Walk today!
www.alz.org/cacentralwalks

San Luis Obispo: 11/2/2024

Santa Barbara: 11/16/2024

24/7 Helpline:
800.272.3900

ALZHEIMER'S
ASSOCIATION

California Central
Coast Chapter