## CONNECT WITH SUPPORT ONLINE! ONLINE CAREGIVER SUPPORT GROUPS

## Presented by the Alzheimer's Association® South Carolina Chapter



Support groups create a safe, confidential, supportive environment to educate participants about dementia and help them develop methods to solve problems. Our meetings are available via Zoom on your phone, tablet or computer. **Click on a date below to register and receive access details.** 

## St. Michael's Monday Support Group

(hybrid: Zoom meeting offered concurrently with in-person meeting in Murrells Inlet) Meets monthly on 1st & 3rd Mondays at 10:30 AM December 2 | 10:30-11:30 AM December 16 | 10:30-11:30 AM

Caregiver Support Group Hosted by Respite Care Charleston Meets monthly on 1st & 3rd Tuesdays at 7:00 PM December 3 | 7:00-8:00 PM December 17 | 7:00-8:00 PM

Caregiver Support Group Meets monthly on 2nd & 4th Monday at 10:30 AM December 9 | 10:30-11:30 AM December 23 | 10:30-11:30 AM

Spousal Caregiver Support Group Meets monthly on 2nd Tuesday at 12:00 PM December 10 | 12:00-1:00 PM **Coffee & Caregivers Group** Meets monthly on 3rd Saturday at 9:00 AM <u>December 21 | 9:00 AM</u>

IN-PERSON GROUP LISTINGS BY REGION <u>Coastal Region</u> <u>Midlands Region</u> <u>Upstate Region</u>

(Updated 12/2/24)

<u>ALZConnected</u><sup>®</sup> powered by the Alzheimer's Association<sup>®</sup>, is a free online community for everyone affected by Alzheimer's or another dementia. Visit alzconnect.org to browse message boards for individuals living with dementia.

To register, click on links above, call 800.272.3900 (24/7) or visit us online at alz.org/sc.

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