# CONNECT WITH SUPPORT ONLINE!

# **ONLINE CAREGIVER SUPPORT GROUPS**

Presented by the Alzheimer's Association® South Carolina Chapter



Support groups create a safe, confidential, supportive environment to educate participants about dementia and help them develop methods to solve problems. Our meetings are available via Zoom on your phone, tablet or computer. **Click on a date below to register and receive access details.** 

# St. Michael's Monday Support Group

(hybrid: Zoom meeting offered concurrently with in-person meeting in Murrells Inlet)

Meets monthly on 1st & 3rd Mondays at 10:30 AM

November 4 | 10:30-11:30 AM

November 18 | 10:30-11:30 AM

# Caregiver Support Group Hosted by Respite Care Charleston

Meets monthly on 1st & 3rd Tuesdays at 7:00 PM November 5 | 7:00-8:00 PM November 19 | 7:00-8:00 PM

# **Caregiver Support Group**

Meets monthly on 2nd & 4th Monday at 10:30 AM November 11 | 10:30-11:30 AM November 25 | 10:30-11:30 AM

# **Spousal Caregiver Support Group**

Meets monthly on 2nd Tuesday at 12:00 PM November 12 | 12:00-1:00 PM

# **Coffee & Caregivers Group**

Meets monthly on 3rd Saturday at 9:00 AM November 16 | 9:00 AM

#### Generation X, Y, & ALZ

Paused - will resume in December.

ALZConnected® powered by the Alzheimer's Association®, is a free online community for everyone affected by Alzheimer's or another dementia. Visit alzconnect.org to browse message boards for individuals living with dementia.

#### IN-PERSON GROUP LISTINGS BY REGION

Coastal Region

Midlands Region

Upstate Region

(Updated 11/1/24)

To register, click on links above, call 800.272.3900 (24/7) or visit us online at alz.org/sc.