



an orientation to alzheimer's disease and related dementias

The Alzheimer's Association Southeastern Virginia Chapter, in partnership with Eastern Shore Rural Health, is providing a program with information on Alzheimer's disease and related dementias, caregiving, community resources, and services.

If you are a friend or family member of someone who has dementia, this program is for you! Although most useful when attended just after diagnosis, the information is helpful throughout the disease process.

The orientation covers *The Basics of Alzheimer's* disease which provides information on detection, risk factors, stages of the disease, treatment and more. This program will also discuss coping techniques, legal and financial planning, safety and helpful community resources. There will be time to ask questions at each session.

November 8, 2018, 2-4pm
Atlantic Community Health Center,
5219 Lankford Highway, New Church, VA 23415

April 11, 2019, 2-4pm
Northampton Free Library, 7745 Seaside Road,
Nassawadox, VA 23413

June 13, 2019, 2-4pm
Onley Community Health Center,
20306 Badger Lane, Onley, VA 23418



The orientation is FREE; however, registration is required.

TO REGISTER CONTACT:

**Amanda Woodhurst, 757.824.5676 x 635 or
Alzheimer's Association Helpline 1.800.272.3900**