

Education Classes, Support Groups and Social Engagement May 2024



IN-PERSON EDUCATION

Living with Alzheimer's for Caregivers-Middle Stage Part 2

May 16 | 3:00 pm - 4:30 pm (Walnut)

Managing Money: A Caregiver's Guide to Finances

May 29 | 11:00 am - 12:30 pm (Valencia)

En Español

Foro Comunitario - Alzheimer's Association

Miercoles, 29 de mayo | 10:00 am - 11:30 am (Los Angeles)

ON-DEMAND EDUCATION

10 Warning Signs of Alzheimer's

Understanding Alzheimer's and Dementia

LIVE EDUCATIONAL WEBINARS

Empowered Caregiver Series

Part 1: Building Foundations of Caregiving

May 7 | 6:00 pm - 7:00 pm (Register)

Part 2: Supporting Independence

May 9 | 6:00 pm - 7:00 pm (Register)

Part 3: Exploring Care and Support Services

May 13 | 6:00 pm - 7:00pm (Register)

Healthy Living for Your Brain & Body

May 13 | 10:00 am - 11:00 am (Register)

Understanding & Responding to Dementia Related Behaviors

May 15 | 12:00 pm - 1:00 pm (Register)

TO REGISTER:

Call 800.272.3900 | VISIT US ONLINE AT ALZ.ORG/CRF

In Person Caregiver Groups

4th Wednesday, 9:30 am -11:00 am (Lake Balboa)
To RSVP contact Sivana Lavine at sclavine@alz.org

1st and 3rd Wednesdays, 1:00pm-2:30pm (Burbank)
To RSVP contact Sivana Lavine at sclavine@alz.org

2nd Saturday, 11 am - 12:30 pm (Van Nuys)
To RSVP contact Sivana Lavine at sclavine@alz.org

3rd Tuesday, 6:30pm - 8:00 pm (Encino)
To RSVP contact Sivana Lavine at sclavine@alz.org

2nd & 4th Tuesday, 7:00 pm - 8:30 pm (Westwood)
To RSVP contact Yael Wyte, MSW at ywyte@alz.org

3rd Tuesday, 10:00 -11:30 am (Pasadena)
To RSVP contact Linda Loera at lloera@alz.org

3rd Tuesday, 10:00 am - 12:00 pm (Claremont)
To RSVP contact Arlene Bruins at abruins@alz.org

2nd Tuesday, 7:00 pm - 9:00 pm (Claremont)
To RSVP contact Arlene Bruins at abruins@alz.org

1st Monday, 5:30 pm - 7:00 pm (Pomona)
To RSVP contact Arlene Bruins at abruins@alz.org

4th Tuesday, 10:00 am -11:30 am (Antelope Valley)
To RSVP contact Tina Wilson at tewilson@alz.org

LGBTQ+

2nd Tuesday, 10:00 am -11:30 am (Santa Clarita)
To RSVP Contact Tina Wilson at tewilson@alz.org

Virtual Caregiver Support Groups

1st and 3rd Monday, 5:30 pm - 7:00 pm
To RSVP contact Linda Loera at lloera@alz.org

1st Tuesday, 3:00 pm - 4:30 pm
To RSVP contact Sivana Lavine at sclavine@alz.org

3rd Saturday, 10:00 am - 11:30 am
To RSVP contact Sivana Lavine at sclavine@alz.org

Español

Grupo de Apoyo Telefónico para Cuidadores
2do y 4to martes de cada mes, 1:00 pm - 2:30 pm
Para más información, comuníquese con Linda Loera al (213)220-0713 o lloera@alz.org

Mandarin Caregiver Support Group

3rd Sunday, 6:30-8pm
To RSVP contact Linda Loera at lloera@alz.org

Young Adult 20's -30's

To RSVP contact Yael Wyte, MSW at ywyte@alz.org

Younger Onset

2nd Tuesday, 12:00 pm - 1:30 pm
To RSVP contact Yael Wyte, MSW at ywyte@alz.org

LGBTQ

2nd and 4th Thursday, 12:00 pm -1:30 pm
To RSVP contact Yael Wyte, MSW at ywyte@alz.org

EARLY STAGE ENGAGEMENT- VIRTUAL**Coffee and Conversations**

Tuesday, May 14 and 28, 10:00 am-11:30 am

Connect with like individuals and care partners,
to discuss current events and a variety of topics.
To RSVP contact Tina Wilson at tewilson@alz.org.

Brain Games

Thursday, May 2, 2:00 pm -3:00 pm
Program for people living in the early stage of
dementia and their care partners.
Register here or to RSVP contact Sivana Lavine at
sclavine@alz.org