

PLEASE JOIN US

Education Classes and Social Engagement

LOS ANGELES COUNTY OCTOBER 2024

IN PERSON ENGLISH CLASSES

To find location, please click on each register

Understanding Alzheimer's and Other Dementia

Wednesday, October 9, 2-3 p.m. | [Register](#)

Monday, October 14, 11:30 a.m.-12:30 p.m. | [Register](#)

Healthy Living for the Brain and Body

Tuesday, October 8, 11:30 a.m.-12:30 p.m. | [Register](#)

Wednesday, October 9, 3:30-4:30 p.m. | [Register](#)

Tuesday, October 15, 2:30-3:30 p.m. | [Register](#)

Wednesday, October 16, 10-11 a.m. | [Register](#)

Wednesday, October 30, 2-3 p.m. | [Register](#)

10 Warning Signs of Alzheimer's

Tuesday, October 16, 2-3 p.m. | [Register](#)

Tuesday, October 16, 10:30-11:30 a.m. | [Register](#)

Advancing the Science: The Latest in Alzheimer's and Dementia Research

Friday, October 11, 10:30-11:30 a.m. | [Register](#)

Monday, October 14, 10:30-11:30 a.m. | [Register](#)

Communicating Effectively

Wednesday, October 9, 4-5 p.m. | [Register](#)

VIRTUAL ENGLISH CLASSES

Understanding Alzheimer's and Other Dementia

Monday, October 21, 2-3 p.m. | [Register](#)



CLASES EN ESPAÑOL EN PERSONA

Haga clic en el enlace de registro para encontrar la ubicación

Conozca las 10 Señales de Advertencia

Lunes, octubre 21, 2-3 p.m. | [Regístrese](#)

Avanzando la ciencia: lo más reciente en las investigaciones de la enfermedad de Alzheimer

Lunes, octubre 21, 11 a.m.-12 p.m. | [Regístrese](#)

Información para entender la enfermedad de Alzheimer y la demencia

Lunes, octubre 7, 2-3 p.m. | [Regístrese](#)

ON-DEMAND EDUCATION

Managing Money: A Caregiver's Guide to Finances

Learn about the costs of caregiving and the benefits of early financial and legal planning. Closed Captioning (CC) Available.

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning

Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia.

10 Warning Signs of Alzheimer's

Recognize common warning signs of Alzheimer's and learn what symptoms to look for in yourself and others.

For additional on-demand recorded classes, please visit alz.org/education

TO REGISTER, PLEASE CALL 800.272.3900 OR VISIT US ONLINE AT ALZ.ORG/CRF
PARA REGISTRARSE, LLAME AL 800.272.3900 O VISÍTENOS EN LÍNEA EN ALZ.ORG/CRF

ALZHEIMER'S  ASSOCIATION®

Visit alz.org/CRF to explore additional education programs in your area.

PLEASE JOIN US SUPPORT GROUPS

LOS ANGELES COUNTY OCTOBER 2024

In Person Caregiver Groups

2nd Tuesday, 7-9 p.m. (Claremont)

2nd and 4th Tuesdays, 7-8:30 p.m. (Westwood)

3rd Tuesday, 10-11:30 a.m. (Pasadena)

3rd Tuesday, 10 a.m.-12 p.m. (Claremont)

3rd Tuesday, 6:30 -8p.m. (Encino)

4th Tuesday, 10-11:30 a.m. (Antelope Valley)

1st and 3rd Wednesdays, 1-2:30 p.m. (Burbank)

4th Wednesday, 9:30-11 a.m. (Lake Balboa)

2nd Saturday, 11 a.m.-12:30 p.m. (Van Nuys)

Virtual Caregiver Support Groups

1st and 3rd Mondays, 5:30-7 p.m.

1st Tuesday, 3-4:30 p.m.

3rd Saturday, 10-11:30 a.m.

Weekly, every Thursday, 10-11:30 a.m.

Español

Grupo de Apoyo Telefónico para Cuidadores 2do y 4to martes de cada mes, 1-2:30 p.m.

Mandarin Caregiver Support Group

3rd Sunday, 6:30-8:00 p.m.

Young Adults 20's - 30's

1st Monday, 7:30-9:00 p.m.

Younger Onset

2nd Tuesday, 12-1:30 p.m.

LGBTQ+

2nd and 4th Thursdays, 12-1:30 p.m.

EARLY STAGE ENGAGEMENT- VIRTUAL

Coffee and Conversations

Tuesdays, October 8 and 22, 10-11:30 a.m. Connect with like individuals and care partners, to discuss current events and a variety of topics.

**TO REGISTER OR LEARN MORE,
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