

ALZHEIMER'S ASSOCIATION®

CAREGIVER SUPPORT GROUPS

in Austin, Central Texas & open to the public

AUSTIN

First Baptist Church of Austin
901 Trinity St., Austin, 78701
2nd SUNDAY | 1-2 p.m.

Caregiver Cafe @ St. Paul Catholic - Grace Hall
10000 David Moore Rd., Austin 78748
2nd TUESDAY | 10 a.m.-12 p.m.

Brookdale North Austin
5310 Duval Rd., Austin, 78727
3rd TUESDAY | 6-7 p.m.

Tarrytown United Methodist Church
2601 Exposition Blvd., Austin, 78703
2nd WEDNESDAY | 10-11:30 a.m.

The Reserve at Lake Austin
6401 Ranch Rd. 2222, Austin, 78730
2nd THURSDAY | 5:30-6:30 p.m.

Maravilla at The Domain
11001 Austin Ln., Austin, 78758
4th THURSDAY | 1-2 p.m.

ROUND ROCK

The Cottages at Chandler Creek (South Cottage)
2351 N. A W Grimes Blvd, Round Rock, 78665
LAST MONDAY | 2-3 p.m.

GEORGETOWN

First United Methodist Church
410 E. University Ave., Georgetown, 78626
3rd MONDAY | 10 a.m.-12 p.m.

Truewood by Merrill
4907 Williams Dr., Georgetown, 78633
2nd TUESDAY | 10-11 a.m.

St. John's Methodist Church
311 E. University Ave., Georgetown, 78626
2nd WEDNESDAY | 1:30-3:30 p.m.

Grand Living at Georgetown
1330 W. University Ave, Georgetown, 78628
4th WEDNESDAY | 4-5 p.m.

HYBRID

Attendees may participate in person or virtually

Caregiver Cafe @ Mount Olive Lutheran
10408 US-290, Austin, 78736
1st WEDNESDAY | 10 a.m.-12 p.m.

Caregiver Cafe @ St. Catherine of Siena
4800 Convict Hill Rd., Austin, 78749
2nd & 4th THURSDAY | 10 a.m.-12 p.m.

Caregiver Cafe @ Longleaf Bee Cave
3936 S. FM 620 Rd., Austin, 78738
4th TUESDAY | 1:30-3:00 p.m.

To participate virtually in one of the hybrid support groups above, please send an email to ccafemail2@gmail.com.

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CONTINUED

BELL COUNTY

Dementia Enrichment Center
9251 W. FM 436, Belton 76513
1st & 3rd WEDNESDAY | 6-7 p.m.

Area Agency on Aging Central Texas (AAACT)
2180 N. Main St., Belton, 76513
3rd TUESDAY | 10-11 a.m.

LA GRANGE

Hospice Brazos Valley
1048 N. Jefferson St., La Grange, 78945
2nd TUESDAY | 10-11 a.m.

SAN MARCOS

Brookdale San Marcos North
1720 Old Ranch Rd. 12, San Marcos, 78666
1st TUESDAY | 5:30-6:30 p.m.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.

**To learn more about all
available resources,
visit www.alz.org/TexasCapital
or call 800.272.3900.**

