ALZHEIMER'S SASSOCIATION® CAREGIVER SUPPORT GROUPS

in Austin, Central Texas & open to the public

GEORGETOWN | ROUND ROCK

First United Methodist Church 410 E. University Ave., Georgetown, 78626 3rd MONDAY | 10 a.m.-12 p.m.

Truewood by Merrill 4907 Williams Dr., Georgetown, 78633 2nd TUESDAY | 10-11 a.m.

St. John's Methodist Church 311 E. University Ave., Georgetown, 78626 2nd WEDNESDAY | 1:30-3:30 p.m.

Grand Living at Georgetown 1330 W. University Ave, Georgetown, 78628 4th WEDNESDAY | 4-5 p.m.

The Cottages at Chandler Creek 2351 N. A W Grimes Blvd, Round Rock, 78665 LAST MONDAY | 2-3 p.m.

VIRTUAL

Caregiving Cafe @ First Baptist Church of Austin 901 Trinity St., Austin, 78701
2nd SUNDAY | 1-2 p.m.

To participate virtually in any of the virtual groups, please email ccafemail2@gmail.com.

AUSTIN

Caregiving Cafe @ St. Paul Catholic - Grace Hall 10000 David Moore Rd., Austin 78748 2nd TUESDAY | 10 a.m.-12 p.m.

Brookdale North Austin 5310 Duval Rd., Austin, 78727 3rd TUESDAY | 6-7 p.m.

Tarrytown United Methodist Church 2601 Exposition Blvd., Austin, 78703 2nd WEDNESDAY | 10-11:30 a.m.

The Reserve at Lake Austin 6401 Ranch Rd. 2222, Austin, 78730 2nd THURSDAY | 5:30-6:30 p.m.

Maravilla at The Domain 11001 Austin Ln., Austin, 78758 4th THURSDAY | 1-2 p.m.

HYBRID

Attendees may participate in person or virtually

Caregiving Cafe @ Mount Olive Lutheran 10408 US-290, Austin, 78736 1st WEDNESDAY | 10 a.m.-12 p.m.

Caregiving Cafe @ St. Catherine of Siena 4800 Convict Hill Rd., Austin, 78749 2nd & 4th THURSDAY | 10 a.m.-12 p.m.

Caregiving Cafe @ Longleaf Bee Cave 3936 S. FM 620 Rd., Austin, 78738 4th TUESDAY | 1:30-3:00 p.m.





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CONTINUED

BELL COUNTY

Dementia Enrichment Center 9251 W. FM 436, Belton 76513 1st & 3rd WEDNESDAY | 6-7 p.m.

Area Agency on Aging Central Texas (AAACT) 2180 N. Main St., Belton, 76513 3rd TUESDAY | 10-11 a.m.

LA GRANGE

Hospice Brazos Valley 1048 N. Jefferson St., La Grange, 78945 2nd TUESDAY | 10-11 a.m.

SAN MARCOS

Brookdale San Marcos North 1720 Old Ranch Rd. 12, San Marcos, 78666 1st TUESDAY | 5:30-6:30 p.m.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.

To learn more about all available resources, visit www.alz.org/TexasCapital or call 800.272.3900.



