

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Click here to register for one of our virtual programs or call 800.272.3900.</p> <p>bit.ly/alzcaptxedu</p> 		1	<p>2 Support Group @ Mount Olive Church 10:00 am. CT</p> <p>Support Group @ Dementia Enrichment Belton 6:00 pm. CT</p>	<p>3</p> 	4	<p>5</p> <p>WALK TO END ALZHEIMER'S Bell County</p>
<p>6 Celebrating National Hispanic Heritage Month September 15 - October 15</p>	7	<p>8 Support Group @ St. Paul Catholic Georgetown 10:00 am. CT</p> <p>Support Group @ Hospice Brazos Valley 11:00 am. CT</p> <p>Virtual Support Group Veteran's Affairs (VA) 11:00 am. CT</p>	<p>9 Ageism Awareness Day</p> <p>Support Group @ Tarrytown United Methodist 10:00 am. CT</p> <p>Support Group @ St. John's Methodist 1:30 pm. CT</p>	<p>10 Hybrid Support Group @ St. Catherine's 10:00 am. CT</p> <p>Virtual Lunch & Learn: Building Foundations of Caregiving 12:00 pm. CT</p>	11	12
<p>13 Virtual Support Group @ First Baptist Church Austin 1:00 pm. CT</p>	<p>14 Know the 10 Signs @ Longhorn Village 1:00 pm. CT</p>	<p>15 Support Group @ AACT Belton 10:00 am. CT</p> <p>Virtual Support Group Veteran's Affairs (VA) 11:00 am. CT</p> <p>Support Group @ Brookdale North Austin 6:00 pm. CT</p>	<p>16 Support Group @ Dementia Enrichment Ctr Belton 6:00 pm. CT</p>	<p>17 Support Group @ The Reserve Lake Austin 5:30 pm. CT</p>	<p>18 Urge Congress to Increase Research Funding alz.org/advocate</p>	<p>19</p> <p>WALK TO END ALZHEIMER'S Williamson County</p>
<p>20 To schedule your own program, contact us bit.ly/CapTXCS</p>	<p>21 PALS Support Group @ First United Methodist Georgetown 10:00 am. CT</p>	<p>22 Hybrid Support Group Longleaf Bee Cave 1:30 pm. CT</p>	<p>23 Know the 10 Signs @ St. Catherine's 1:00 pm. CT</p> <p>Communicating Effectively @ Georgetown Library 12:00 pm. CT</p> <p>Support Group @ Grand Living Georgetown 4:00 pm. CT</p>	<p>24 Hybrid Support Group @ St. Catherine's 10:00 am. CT</p> <p>Virtual Lunch & Learn: Supporting Independence 12:00 pm. CT</p> <p>Support Group @ Maravilla at The Domain 1:00 pm. CT</p>	<p>25 Interested in getting more involved? Let us know at alz.org/volunteer</p>	26
<p>27 Don't just hope for a cure. Help us find one. alz.org/trialmatch</p>	<p>28 Support Group @ The Cottages at Chandler Creek, Round Rock 2:00 pm. CT</p>	29	30	<p>31</p> 	1	<p>2</p> <p>WALK TO END ALZHEIMER'S Austin</p>

To learn more about all available resources, visit www.alz.org or call 800.272.3900.

ALZHEIMER'S ASSOCIATION®

ONLINE RESOURCES

Alzheimer's Navigator®

An interactive online tool for people living with dementia and those who participate in providing care and making care-related decisions.

alzheimersnavigator.org

ALZConnected®

This online community connects you with other individuals living with early-stage Alzheimer's. Share questions, experiences and practical tips via message boards or create private groups organized around specific topics.

alzconnected.org

Trial Match

Connects individuals living with Alzheimer's, caregivers and healthy volunteers to clinical trials that may advance Alzheimer's research.

trialmatch.alz.org

Community Resource Finder

A comprehensive database of local programs and services, housing and care options, and legal experts all in one location, allowing you to quickly search, find and access support.

communityresourcefinder.org

Online Education Center

Take free workshops about Alzheimer's disease, caregiving, healthy living and planning for the future.

alz.org

Live Well Online Resources

A collection of free interactive tools that helps you navigate the personal and emotional challenges accompanying an Alzheimer's diagnosis and provides personalized steps for living well with the disease.

alz.org/help-support

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