## **Volunteer Spotlight**

Vern Weeks, Cadott, WI Support Group Facilitator

## **Why I Volunteer**



Today we salute a dedicated Support Group Facilitator, Vern Weeks. He has been co-facilitating an Early Stage Support Group in Chippewa Falls for 5 years. "The most important value support groups offer is they allow people to share about their experiences," Vern said. "It's reassuring to know that you're not the only one to struggle with the uncertainties that surround dementia."

Vern was instrumental in transitioning the support group from in-person to virtual during the pandemic. The group has transitioned back to in-person and meets the second Thursday of every month. The support group is designed for a person living with dementia and their family care partner.

Vern is a retired clinical social worker and retired clergyman, so he brings a wealth of knowledge and compassion to the families he works with. He's active in the ADRC in Chippewa County and is always looking for ways to be engaged in the community. He has a personal connection to the disease, as he lost an aunt to dementia.

Thank you, Vern, for your dedication to families in Chippewa Falls!

"Alzheimer's Association volunteers deliver support and education, raise funds, advocate for Alzheimer's and more to help achieve our vision of a world without Alzheimer's and all other dementia®. Whatever your skills and whatever time you have available, we have opportunities to provide vital support for people living with Alzheimer's and their families. Learn more at: www.alz.org/wi/volunteer



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