

CAREGIVER CONNECTIONS

JULY-SEPT 2024 WISCONSIN CHAPTER



24/7 HELPLINE 800.272.3900

Alzheimer's & Dementia Caregiver Resources



<https://lorenzoshouse.org/>

Lorenzo's House supports young people and their families facing younger-onset dementia. Starting with peer to peer support for children aged 4 to 40+ with a parent affected by dementia, we have grown into a haven for families feeling isolated on their journey. With monthly support groups—Bright Brunch for female and Light Lounge for male caregivers—we offer a community where caregivers can connect and find support.

This is a must for all Caregivers!!

Teepa Snow in Green Bay!!

This conference is a free event on

Tuesday, July 30th 9:00am-4:00pm

The Weidner Center 2420 Nicolet Dr., Green Bay, WI

Register [HERE](#):

<https://www.forgetmenotfund.org/events/teepasnow/>

Free Buffet Lunch will be provided questions:

920-662-7500- Tonya Runyard Jefferson ADRC

HELPFUL TIPS

- Needing to choose an In-home care professional? Deciding on companion services, personal care services, homemaker services or skilled care? Which services are right for you?
<https://www.alz.org/media/Documents/alzheimers-dementia-choosing-in-home-care-professionals.pdf>
- Community Resource Finder: Find Programs, Housing options, Care & Support, Medical Services. Community Services all by your zip code:
<https://www.communityresourcefinder.org/>

Walk to END ALZ season is fast approaching!

Join one of our 27 Wisconsin WALKS near you!

https://act.alz.org/site/SPageServer/pagename=walk_homepage

ONLINE RESOURCES

- "Dementia Matters" podcast- ALZ & Dementia Research Center: <https://www.adrc.wisc.edu/dementia-matters>
- Ten Ways to Love Your Brain: https://www.alz.org/help-support/brain_health/10-healthy-habits-for-your-brainy
- Center for Healthy Minds: <https://centerhealthyminds.org/>

ALZHEIMER'S ASSOCIATION

BRAND NEW

THE EMPOWERED CAREGIVER

VIRTUAL EDUCATION SERIES

TO REGISTER: CLICK BELOW OR CALL OUR

24/7 HELPLINE AT 800.272.3900

Part 1: Building Foundations of Caregiving

July 20, 10-11 am

Click [HERE](#) to Register

Learn how dementia changes relationships over time, the benefit of person-centered care approaches, how to create a supportive care team and steps to identify and manage caregiver stress.

Part 2: Supporting Independence

Aug 7, 11am-12pm

Click [HERE](#) to register

People living with dementia want to remain independent for as long as possible. Caregivers may not know how to balance safety and independence. Learn how to provide the right amount of support, while managing expectations.

Part 3: Communicating Effectively

Sept 18, 12-1pm

Click [HERE](#) to register

Discover new ways to communicate effectively in any stage of the disease. Learn how dementia affects communication, how person-centered approaches can improve communication and much more.

The Empowered Caregiver Part 4 & 5 will be coming in October and November. Also, keep an eye out for In-person Empowered Caregiver programs near you.