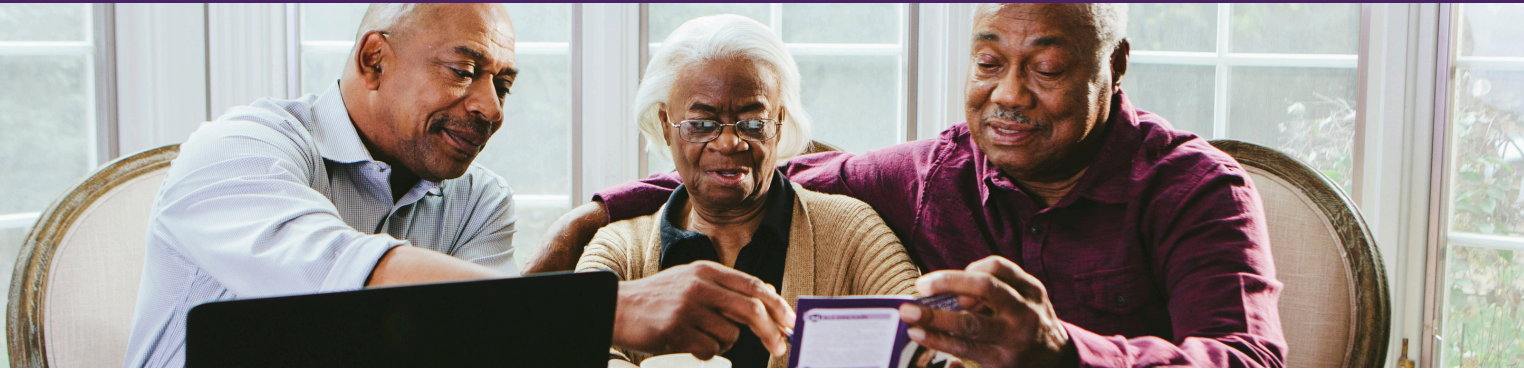


Virtual Alzheimer's Education Series

July, August, & September 2024



Register at alz.org/wi or call our 24/7 Helpline at 800.272.3900



Join us for this free monthly Virtual Education Series hosted by the Alzheimer's Association Wisconsin Chapter. This series is tailored for caregivers, families, and those living with Alzheimer's and other dementia. Each month features a Community Education Program covering essential caregiver topics, along with an expert speaker bringing diverse insight. Come learn, share, and find support on your journey. These will be recorded and emailed afterwards to those who registered.

Saturday, July 20: 10 - 11 AM

The Empowered Caregiver Series - Part 1: Building Foundations of Caregiving

Alzheimer's Association Education Program

Learn how dementia changes relationships over time, the benefit of person-centered care approaches, how to create a supportive care team and steps to identify and manage caregiver stress.

Tuesday, July 16: 7 - 8 PM

Noticing Memory and Thinking Changes? Now What?

Bonnie Nuttkinson, MS, Research Program Coordinator for the Alzheimer's Dementia Research Center

Concerned about a friend's, family member's, or your own memory or thinking changes, and not sure what to do? Join us to learn what to do and how to navigate the next steps.

Wednesday, Aug. 7: 11 AM - 12 PM

The Empowered Caregiver Series - Part 2: Supporting Independence

Alzheimer's Association Education Program

People living with dementia want to remain independent for as long as possible. Caregivers may not know how to balance safety and independence. Learn how to provide the right amount of support, while managing expectations.

Friday, Aug. 16: 10 AM - 11:30 AM

Legal and Financial Planning for Dementia

Attorney Alan Hougum, Estate Planning and Elder Law

A dementia diagnosis makes planning for the future more important than ever. Join us for an interactive program where you will have a chance to learn about important financial issues to consider, practical strategies for a long-term plan, government programs, and how to find resources.

Wednesday, Sept. 18: 12 - 1 PM

The Empowered Caregiver Series - Part 3: Communicating Effectively

Alzheimer's Association Education Program

Discover new ways to communicate effectively in any stage of the disease. Learn how dementia affects communication, how person-centered approaches can improve communication and much more.

Monday, Sept. 23: 12 - 1 PM

Is this a Medical Emergency? Delirium vs Dementia, what do I need to know?

Julie Roznowski-Olson, Geriatric NP, MSN, BSN, RN

Delirium is considered a medical emergency and is difficult to detect in a person with dementia. We will discuss the difference between delirium and dementia, common causes, and prevention strategies for hospitalized individuals.

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