

CAREGIVER CONNECTIONS

OCT- DEC 2024 WISCONSIN CHAPTER

UPCOMING STATEWIDE CAREGIVER EVENTS


- Oct 3: Tomah-Healthy Aging Expo 608-377-8615
- Oct 24: Waupun-A Day with Lewy 920-386-4308
- Oct 24: Waunakee-Caregiver Resource Fair 608-849-4217
- Oct 26: Holman-Caregiver Better Braver 608-785-5700
- Oct 30: Shawano-Navigating the Journey 855-492-2372
- Nov 6: Fort Atkinson-Day at Club: Caregiver Retreat 608-741-3615
- Nov 2: Prairie du Sac-Caregiver Bootcamp 608-355-3289
- Nov 5: Oconto Falls-Navigating the Journey 855-492-2372
- Nov 14: Sheboygan-Caregiver Conference 920-550-1143

ALZHEIMER'S[®] ASSOCIATION

24/7 HELPLINE 800.272.3900

November is... CAREGIVERS MONTH!

This Caregivers Month, we extend our deepest gratitude to the 205,000 dementia caregivers in Wisconsin who provided over 297 million unpaid hours of care last year. You are truly our unsung heroes! "A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles." – Christopher Reeve



Thank you to everyone who joined our 2024 Walk to End Alzheimer's! Your unwavering support helps those on the dementia journey and brings us closer to finding a cure for all forms of dementia!

THE ALZHEIMER'S ASSOCIATION'S BRAND NEW VIRTUAL EDUCATION SERIES: THE EMPOWERED CAREGIVER

TO REGISTER: CLICK BELOW OR CALL OUR
24/7 HELPLINE AT 800.272.3900

SEE OUR VIRTUAL ED SERIES FLYER FOR MORE PROGRAMS

Part 4: Responding to Dementia Related Behaviors

Tuesday, Oct 8, 7-8 p.m.

To register, click [HERE](#) or call 800.272.3900

People living with dementia may exhibit behaviors as a way to communicate their needs and feelings as the disease progresses. Learn how dementia can change a person's behavior, possible triggers and person-centered care approaches to address behaviors.

Part 5: Exploring Care and Support Services

Saturday, Nov 9, 10-11 a.m.

To register, click [HERE](#) or call 800.272.3900

The more caregivers know about the disease and what to expect, the more prepared they will be for future changes and care decisions. Learn why it's important to plan for care changes, what types of resources and support services are available including respite care, long term care and end of life options.

Recordings will be emailed afterwards,
so please register even if you cannot attend.

For Parts 1-3 recordings, please email hhneeley@alz.org

3-WEEK SERIES: Living with Alzheimer's & Dementia for Early-Stage Care Partners

**Tuesdays, Oct 8, 15, & 22 virtually or in-person
at the Green County ADRC**

To register click [HERE](#) or call 800.272.3900

In the early stage of Alzheimer's and dementia, families face new questions. Hear from other care partners and individuals living with dementia. Learn tips and strategies to help navigate the journey and find resources available to help.

***SAVE THIS: MCI /EARLY STAGE FLOWCHART ***

Over 70 links to help you navigate your journey from diagnosis and emotions to next steps and online and local resources. <https://www.alz.org/wi/helping-you/early-stage-programs>

HELPFUL TIPS

- Holidays & Dementia: <https://www.alz.org/help-support/resources/holidays>
- Take care of yourself! Great ideas to help you stay healthy and on top of life: [alz.org/caregiving/caregiver-health](https://www.alz.org/caregiving/caregiver-health)
- Fabulous online caregiver tools: The Alzheimer's Association has several free, online tools to help you find answers, local resources and support. ALZConnect, ALZNavigator, free education programs and more: <https://www.alz.org/help-support/resources/online-tools>