



SUMMER 2024

COMMUNITY PROGRAMS & SERVICES

ALZHEIMER'S  ASSOCIATION®

Western New York Chapter
800.272.3900 | alz.org/WNY



CONTENTS

The Western New York Chapter of the Alzheimer’s Association is proud to serve our region, providing education, care and support for those living with Alzheimer’s and their caregivers. Please use this guide to explore some of the programs we offer throughout our eight counties, and visit our Community Resource Finder at alz.org/crf to find many more. Many classes and support groups are also offered virtually – see pages 8-9 for a full list.

Now that summer is here, we are excited to gear up for our six Walks to End Alzheimer’s across Western New York, starting in September. See pages 24-25 to learn more about the dates, times and locations of each Walk and make sure to register yourself, friends and family. The Walk to End Alzheimer’s is the world’s largest event to raise funds and awareness for Alzheimer’s care, support and research, and we’d love for you to join us this year!

We here for you, 24 hours a day, 365 days a year. Call our Helpline at **800.272.3900** anytime for information and support.

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NEWS

WELCOME KAITLYN!



Kaitlyn Less joined the Western New York Chapter in April as our new Director of Development. An area native, Kaitlyn is returning home after working for the Greater East Ohio Chapter of the Alzheimer's Association, where she served as a Walk Manager and successfully led the Walk to End Alzheimer's in Akron and Medina County, Ohio. In 2014, she was named Outstanding Young Philanthropist by the Hospice

Foundation of WNY in recognition of her exceptional philanthropic efforts on behalf of the Hospice Memorial Walk. We are excited to have Kaitlyn bring her knowledge of Walk and WNY to our team!

THANK YOU ADVOCATES!

More than 1,000 passionate advocates from across the country came together for the 2024 Alzheimer's Impact Movement (AIM) Advocacy Forum in April. This premier Alzheimer's advocacy event allowed volunteers to unite, share personal stories and advocate to lawmakers for policies to enhance the lives of everyone affected by Alzheimer's and other forms of dementia.



Noteworthy advocates from Western New York, including Nancy Swiston, Molly King, Whitney Mendel, Dave and Donna Gonlag, and Pastor George Nicholas, were among those invited to participate, where they engaged in productive discussions on Capitol Hill with Senators Gillibrand and Schumer, as well as Representatives Langworthy and Tenney. Their attendance and ongoing commitment to our cause are truly invaluable as we continue our fight to #EndAlz!

CARE CONSULTATIONS

Living with Mild Cognitive Impairment (MCI), Alzheimer's disease or other dementia is a life-encompassing experience that spans generations. Everyone has a role: spouses, siblings, children of all ages, and friends each play a part in the care team. It requires thought, strategy, and most importantly, a plan.

Care Consultations from the Alzheimer's Association are more than just a meeting with a dementia expert. Your consultant works with you to:

- Navigate difficult caregiving decisions and family issues
- Assess current needs and anticipate future care challenges
- Develop an effective care plan and problem-solve barriers
- Offer supportive listening in a confidential, nonjudgmental environment

We don't teach or tell you what to do. We coach you to find acceptable solutions, focused on improving your quality of life and building a support team. Plus, the service is **free**.

Consultations are available in four ways:

- Live Chat: Click the "Live Chat: green button on our website from 8am to 8pm, Monday through Friday. [alz.org/help-support](https://www.alz.org/help-support)
- Phone: Call **800.272.3900** for a phone consultation 24/7.
- Zoom: Email program.wny@alz.org to schedule a Zoom consultation for you and/or your family.
- In-person: Call **716.626.0600 ext. 313** to schedule an appointment in our Amherst office or a location in your community.

**Looking for a roadmap?
Getting started is easy
with ALZNavigator!**



Choose a topic, answer a few questions and view your personalized action plan. As your situation changes, your action plan can change too. Add topics, edit your answers and get new resources to help you face new challenges. Whether you're a caregiver, a person living with dementia or someone concerned about memory loss, find the support you need. ALZNavigator will guide you to customized resources and tools you need today and throughout each step of the disease — all in one place. [alz.org/alznavigator](https://www.alz.org/alznavigator)

CARE CONSULTATIONS

FREE LEGAL CONSULTATIONS



CENTER FOR
**ELDER
LAW &
JUSTICE**

Concerned about managing personal care and property, healthcare coverage, your decision-making ability or that of your loved one, appointing a healthcare agent, knowing the signs of abuse or exploitation, and planning for the long-term costs of care? Individuals living with Mild Cognitive Impairment or a type of dementia and their caregivers can call **716.853.3087** or email Daniel Geyer at dgeyer@elderjusticenyc.org at the Center for Elder Law & Justice to schedule a free legal consultation.

ECMC DRIVER EVALUATION VOUCHERS

We can make a referral to the ECMC Driver Evaluation Program at no cost to you, and a licensed occupational therapist will conduct an in-clinic and behind-the-wheel assessment and make recommendations.

RESPIRE SERVICES/COMMUNITY SOCIAL PROGRAMS

Through grant funding from the New York State Department of Health, limited respite options such as social adult day programs, consumer directed, and skilled nursing hours are available for caregivers, through Offices for the Aging in Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming Counties. To learn more about temporary respite relief eligibility and options in your area, contact your local Office for the Aging. Phone numbers are listed on the back of this guide.

Monthly community-based respite services are also available and offer 1:1 social companionship, meaningful activities and active engagement for individuals living with dementia. Respite also allows care partners an opportunity to recharge their batteries and reduce stress, and can help those with dementia remain at home as long as possible. To find a program



near you, scan the QR code to visit the Community Resource Finder, click Community Services and search Adult Day Care Centers. A full list can also be obtained by emailing us at program.wny@alz.org, or visiting our website at alz.org/wnyrespite.

SPECIAL PROGRAMS

CAREGIVER BRUNCHES

Caregivers, you deserve some love! Join us for conversation, self-care, refreshments and giveaways! Learn about free, supportive resources. Advance registration is requested. Use the links below or call our free 24/7 Helpline at **800.272.3900**.

Saturday, June 8, 10:30am-12:30pm

Alzheimer's Association, WNY Chapter
6400 Sheridan Drive, Suite 320, Amherst
Register at bit.ly/AlzCareBrunch24

Tuesday, June 11, 12-2pm

Dunkirk Senior Center
45 Cliffstar Court, Dunkirk
Register at bit.ly/CGBrunchDunkirk24

Tuesday, July 9, 12-2pm

The Chautauqua Center
107 Institute Street
Suite 201, Jamestown
Register at bit.ly/CGBrunchJames24



HEALTHY AGING EXPERTS

Addressing Alzheimer's Disease Through Risk Reduction: The Impacts of Diet, Exercise and Sleep

Virtual class on June 25, 12-1pm, via Zoom.

New findings around diet, exercise and sleep suggest that there is much we can do to reduce our risk for Alzheimer's and dementia. Hear from WNY-based researchers and learn about free resources from the Alzheimer's Association. Register at: bit.ly/NYAlzRiskRed24

MCI AND EARLY STAGE DEMENTIA PROGRAMS

The Alzheimer's Association WNY Chapter offers a variety of programs for individuals experiencing early stage Alzheimer's disease, Mild Cognitive Impairment (MCI) and related dementias.

Our Early Stage Program is multi-faceted. Please contact the program manager, Maggie Concannon Meyers, at mgconcannon@alz.org if you have any questions and/or would like to become more involved.

- **Disease Education: Living with MCI and Dementia in the Early Stages Education Series:** We provide classes for care partners and individuals diagnosed with Mild Cognitive Impairment or any form of early stage dementia. Our next 3-part hybrid series will begin in July and focuses on providing answers and planning tips, and strategies to help you live your best life with this disease and to meet others going through similar experiences.
- **Social Events:** We facilitate monthly programs to have fun, stay busy and get connected to others going through similar experiences with their diagnosis. Programs are free and include Art Today with the Buffalo AKG Art Museum, Interactive Music Program presented by Maple City Music Therapy, Lunch Bunch, BINGO Night, Massage Therapy and Chair Pilates. Some programs are held in-person and some are held via Zoom.
- **Support Group:** We hold a monthly support group for those who are experiencing mild cognitive impairment or the beginning stage of Alzheimer's and related dementias. Here, they can process and share in a safe space with their peers the range of emotions and challenges that can come with a diagnosis.
- **Online Chat Room:** alzconnected.org for those living with the disease and their care partners.

VIRTUAL PROGRAMS

For questions / registration call 800.272.3900

EDUCATION

Supporting Independence

Tuesday, June 18, 6pm

Responding to Dementia Related Behaviors

Thursday, July 11, 12pm

Communicating Effectively

Tuesday, August 13, 10am

Exploring Care and Support Services

Tuesday, September 10, 6pm

SUPPORT GROUPS

The following groups meet using Zoom. To register and learn how to join the sessions, please call **800.272.3900** or visit alz.org/CRF. New to virtual meetings? Call us for a free one-on-one lesson at **716.626.0600 ext. 313**.

Black/African American Care Partners

3rd Thursday of the month, 5:30-7:30pm

IDD/Down Syndrome with Alzheimer's

2nd Monday of the month, 7-8pm

Daughters

2nd Wednesday of the month, 5-6:30pm

4th Monday of the month, 6:30-7:30pm

Frontotemporal Dementia Care Partners

2nd Wednesday of the month, 6-7pm

Lewy Body Dementia Care Partners

1st Tuesday of the month, 6-7pm

LGBTQ+ Care Partners

3rd Saturday of the month, 11am-12:30pm

LGBTQ Caregiver Support Group

3rd Tuesday of the month, 2-3:30pm

LGBTQA+ Dementia Caregiver Meetup

4th Thursday of the month, 1-2pm

VIRTUAL PROGRAMS

For questions / registration call 800.272.3900

Loved One in a Memory Care Facility

4th Thursday of the month, 6-7pm

Mens

1st and 3rd Monday of the month, 7-8pm

Wives/Partners

2nd Wednesday of the month, 3-4pm

Younger-Onset Care Partners

1st, 2nd and 4th Monday of the month, 6:30-7:30pm

Grupo de Apoyo virtual en Español, Cafe con Leche

Primer sabado de cada mes, 10:30am-12pm

Para registrarse por favor llamar al 800.272.3900.

GENERAL CAREGIVER SUPPORT GROUPS

via phone or Zoom

1st Wednesday of the month, 6-7pm (in partnership with Dent Neurologic)

After the Long Goodbye: A Group for Recently Bereaved Caregivers

This 6-session group is offered in collaboration with the Wilson Support Center (an affiliate of Hospice Buffalo). The group will meet every other Tuesday evening beginning June 11. Pre-screening and registration are required at bit.ly/AlzGrief. Space is limited. For more information, please call **716.626.0600 ext. 313** or email program.wny@alz.org.

VIRTUAL BOOK CLUBS

Joyful Moments Book Club

Join us by phone or Zoom on the first Wednesday of the month from 1:30-3pm. To register call **716.626.0600 ext. 313** or email Lynn.Oyer@alleganycogov.

Evening Book Club

For new Care Partners and those seeking new solutions to the challenges of caring for a loved one with dementia, join us via Zoom every other Tuesday beginning July 23 to discuss *Travelers to Unimaginable Lands* by Dasha Kiper. To register (or for more information), please visit bit.ly/BookClubWNY. Space is limited, so don't delay!

ALLEGANY COUNTY

For questions / registration call 800.272.3900

EDUCATION

Managing Money: A Caregiver's Guide to Finances

Tuesday, August 20, 1pm

Allegheny County Office for the Aging, 6085 NY-19, Belmont

Building Foundations of Caregiving

Tuesday, September 24, 11am

Cuba Library, 39 E. Main St., Cuba

SUPPORT GROUPS

Belmont Caregiver Support Group

3rd Tuesday of the month, 1-2:30pm

Allegheny Office for the Aging, 6085 NY Rte. 19

Joyful Moments Book Club

1st Wednesday of the month, 1:30-3pm

Join via Zoom or phone. To register call **716.626.0600 ext. 313** or email Lynn.Oyer@alleganyco.gov.

Live
Well with
Dementia
see page 7

OFFICE FOR THE AGING

Free caregiver support and respite hours are available based on eligibility and availability. Contact Lynn Oyer at the Allegheny County Office for the Aging at **585.268.9390**.

See pages 8-9 for virtual support groups, book clubs and education programs.

For information on community social programs in your area, visit our website at alz.org/wnyrespite.

CARE CONSULTATION & OTHER SERVICES

Learn more about free services such as care consultations, driver evaluations, legal consultations and respite opportunities on pages 4-5 of this guide.

ALLEGANY COUNTY

For questions / registration call 800.272.3900

ALLEGANY COMMUNITY DEMENTIA CAREGIVER SYMPOSIUM

Thursday, August 15, 11:30am-2:30pm

Location: TBD

Living in a rural community is challenging, and finding support for care and other needs can be even more difficult. Our Caregiver Symposium is an opportunity to bring together community members affected by Alzheimer's disease and other dementias for input regarding caregiving in a rural community and community needs. This event will highlight resources, programs and services to support those impacted by dementia. In collaboration with Age-Friendly Allegany and The Allegany County Office for the Aging.

The Health Foundation for Western and Central New York partly supports this program. The Health Foundation is an independent private foundation that advocates for continuous health and healthcare improvement by investing in the people and organizations serving young children and older adults.

Register at bit.ly/ACSAUG2024



CATTARAUGUS COUNTY

For questions / registration call 800.272.3900

EDUCATION

Managing Money: A Caregiver's Guide to Finances

Tuesday, June 11, 2pm

Olean Public Library, 134 N 2nd St., Olean

Understanding Alzheimer's Disease and Dementia

Thursday, September 19, 10am

Seneca Nation Library, 830 Broad St., Salamanca

SUPPORT GROUPS

Salamanca Caregiver Support Group

3rd Tuesday of the month, 9:30-10:30am

Salamanca Area Senior Center, 20 Main St.

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OFFICE FOR THE AGING

Free caregiver support and respite hours are available based on eligibility and availability. Contact Kayla Chesebro at the Cattaraugus County Department of Aging at **716.373.8032**.

See pages 8-9 for virtual support groups, book clubs and education programs.

For information on community social programs in your area, visit our website at alz.org/wnyrespite.

CARE CONSULTATION & OTHER SERVICES

Learn more about free services such as care consultations, driver evaluations, legal consultations and respite opportunities on pages 4-5 of this guide.

CHAUTAUQUA COUNTY

For questions / registration call 800.272.3900

EDUCATION

Understanding and Responding to Dementia Related Behaviors

Tuesday, June 18, 2pm

Falconer Public Library, 101 West Main St., Falconer

Managing Money: A Caregiver's Guide to Finances

Tuesday, July 23, 10am

Falconer Public Library, 101 West Main St., Falconer

Exploring Care and Support Services

Wednesday, August 14, 11am

Darwin R. Barker Library, 7 Day St., Fredonia

Caregivers: Join us for Brunch!

See details on pg. 6



SUPPORT GROUPS

North County Dine n' Dish

2nd Tuesday of the month, 9:30-11am

Meets at a different restaurant in Northern Chautauqua County each month.

Call Jennifer at 716.753.4582 for details.

Jamestown Caregiver Support Group

2nd and 4th Tuesday of the month, 12:15-1:45pm

The Chautauqua Center, 107 Institute St.

Free respite may be available. Call 716.626.0600 ext. 313 for details.

OFFICE FOR THE AGING

Free caregiver support and respite hours are available based on eligibility and availability. Contact Jenn Ellman at the Chautauqua County Office for the Aging at **716.753.4582**.

See pages 8-9 for virtual support groups, book clubs and education programs.

For information on community social programs in your area, visit our website at alz.org/wnyrespite.

CITY OF BUFFALO

For questions / registration call 800.272.3900

EDUCATION

Know the 10 Warning Signs

Saturday, June 22, 10:30am

Delavan Grider Community Center, 877 E. Delavan Ave.

Understanding Alzheimer's and Dementia

Monday, June 24, 1pm

William Emslie YMCA, 585 William St.

Know the 10 Warning Signs

Wednesday, July 10, 12:30pm

CAO Masten Resource Center, 1423 Fillmore Ave.

Effective Communication Strategies

Monday, August 19, 1pm

William Emslie YMCA, 585 William St.

SUPPORT GROUPS

3rd Thursday of the month, 5:30-7pm

Frank E. Merriweather Library, 1324 Jefferson Ave.

OFFICE FOR THE AGING

Free dementia caregiver support and respite hours are available based on eligibility and availability. Contact Erie County Department of Senior Services at **716.858.8526**.

See pages 8-9 for virtual support groups, book clubs and education programs.

For information on community social programs in your area, visit our website at alz.org/wnyrespite.

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ERIE COUNTY

For questions / registration call 800.272.3900

EDUCATION

10 Warning Signs

Wednesday, June 5, 10:30am

West Seneca Senior Center, 4620 Seneca St., West Seneca

Thursday, June 13, 2pm

Amherst Center for Senior Services, 370 John James Audubon Pkwy., Amherst

Wednesday, August 28, 4pm

Alzheimer's Association, 6400 Sheridan Dr., Suite 320, Amherst

Building Foundations of Caregiving

Monday, August 12, 2pm

Clarence Public Library, 3 Town Pl., Clarence

Communicating Effectively

Monday, July 8, 1:15pm

Akron Newstead Senior Center, 5691 Cummings Rd., Akron

Exploring Care and Support Services

Friday, June 14, 11am

Kenmore Branch Library, 160 Delaware Rd., Kenmore

Tuesday, September 3, 11am

Alzheimer's Association, 6400 Sheridan Dr., Suite 320, Amherst

Healthy Living for Your Brain and Body

Wednesday, July 10, 10:30am

West Seneca Senior Center, 4620 Seneca St., West Seneca

New Advances in Alzheimer's Treatments

Thursday, August 1, 2pm

Alzheimer's Association, 6400 Sheridan Dr., Suite 320, Amherst

Supporting Independence

Monday, August 26, 2pm

Clarence Public Library
3 Town Pl., Clarence

CARE CONSULTATION & OTHER SERVICES

Learn more about free services such as care consultations, driver evaluations, legal consultations and respite opportunities on pages 4-5 of this guide.

ERIE COUNTY

For questions / registration call 800.272.3900

Tips for Tough Conversations

Monday, June 24, 2pm

Greenfield Manor, 5953 Broadway, Lancaster

Thursday, June 27, 1pm

Hamburg Senior Community Center, 4540 Southwestern Blvd., Hamburg

Understanding Alzheimer's Disease and Dementia

Tuesday, July 16, 10am

Alzheimer's Association, 6400 Sheridan Dr., Suite 320, Amherst

Monday, July 29, 2pm

Clarence Public Library, 3 Town Pl., Clarence

SUPPORT GROUPS

Specialty Groups

These groups meet in-person and virtually simultaneously. In-person meetings are held at our Chapter Office at 6400 Sheridan Dr., Suite 320, Amherst. Join in whatever way is most convenient.

Daughters

2nd Wednesday of the month, 5-6:30pm

Wives/Partners

2nd Wednesday of the month, 3-4pm

Frontotemporal Dementia Caregivers

2nd Wednesday of the month, 6-7pm

General Caregiver Groups

AMHERST

2nd Tuesday of the month, 6-7pm

Dent Neurologic Institute, main entrance board room, 3980 Sheridan Dr.

BUFFALO

3rd Thursday of the month, 5:30-7pm

Frank E. Merriweather Jr. Library, 1324 Jefferson Ave.

DEPEW

3rd Monday of the month, 10-11am

Lord of Life Lutheran Church, 1025 Borden Rd.

ERIE COUNTY

For questions / registration call 800.272.3900

EAST AURORA

4th Wednesday of the month, 10:30-11:30am

Baker Memorial United Methodist Church, 345 Main St.

**Free respite may be available. Call Michele Engasser at 716.652.0500 for details.*

HAMBURG

2nd Wednesday of the month, 10:30-11:30am

Hamburg United Methodist Church, 116 Union St.

**Free respite may be available. Call Lisa Rood at 716.941.5703 for details.*

KENMORE

4th Wednesday of the month, 10:30-11:30am

Kenmore United Methodist Church, 32 Landers Rd.

**Free respite may be available. Call Michelle Spencer at 716.875.5091 for details.*

CITY OF TONAWANDA

1st Thursday of the month, 10:30-11:30am

City of Tonawanda Senior Center, 35 Main St.

ORCHARD PARK

2nd Thursday of the month, 6-7pm

Dent Neurologic Institute, 200 Sterling Dr.

OFFICE FOR THE AGING

Free dementia caregiver support and respite hours are available based on eligibility and availability. Contact Erie County Department of Senior Services at **716.858.8526**.

See pages 8-9 for virtual support groups, book clubs and education programs.

For information on community social programs in your area, visit our website at alz.org/wnyrespite.

GENESEE COUNTY

For questions / registration call 800.272.3900

EDUCATION

Tips for Tough Conversations

Wednesday, June 12, 2pm

Genesee County Office for the Aging, 2 Bank St., Batavia

New Advancements in Alzheimer's Treatments

Wednesday, July 10, 10am

Genesee County Office for the Aging, 2 Bank St., Batavia

10 Warning Signs

Thursday, August 22, 3pm

The Goose, 33 S. Main St., Oakfield

Communicating Effectively

Wednesday, September 18, 10am

Genesee County Office for the Aging, 2 Bank St., Batavia

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SUPPORT GROUPS

Batavia Caregiver Support Group

3rd Thursday of the month, 1-2pm

Genesee County Office of the Aging, 2 Bank St., Batavia

OFFICE FOR THE AGING

Free dementia caregiver support and respite hours are available based on eligibility and availability. Contact the Genesee County Office for the Aging at **585.343.1611**.

See pages 8-9 for virtual support groups, book clubs and education programs.

For information on community social programs in your area, visit our website at alz.org/wnyrespite.

CARE CONSULTATION & OTHER SERVICES

Learn more about free services such as care consultations, driver evaluations, legal consultations and respite opportunities on pages 4-5 of this guide.



NIAGARA COUNTY

For questions / registration call 800.272.3900

EDUCATION

Building Foundations of Caregiving

Thursday, June 20, 2pm

Niagara Falls Library Lasalle, 8728 Buffalo Ave., Niagara Falls

Healthy Living for your Brain and Body

Thursday, July 25, 2pm

Lockport Memorial Hospital Community Room, 6001 Shimer Dr., Lockport

Managing Money: A Caregiver's Guide to Finances

Tuesday, September 17, 6pm

Niagara Wheatfield Central School District, 5700 West St., Sanborn

Communicating Effectively

September 26, 2pm

Niagara Falls Library Lasalle 8728 Buffalo Ave., Niagara Falls

SUPPORT GROUPS

LEWISTON COMING SOON!

For more information, call **716.626.0600 ext. 313**

or email program.wny@alz.org

LOCKPORT

2nd Tuesday of the month, 10:30-11:30am

Trinity Lutheran Church, 67 Saxon St.

**Free respite may be available. Call Laurie Bauch at 716.434.5982 for details.*

NORTH TONAWANDA

3rd Wednesday of the month, 1-2pm

Ralph Wilson Adult Day Services, 3780 Commerce Ct. #100

** Free respite may be available during the group. Email Kristen at kjopp@kaleidahealth.org for details.*

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CARE CONSULTATION & OTHER SERVICES

Learn more about free services such as care consultations, driver evaluations, legal consultations and respite opportunities on pages 4-5 of this guide.

NIAGARA COUNTY

For questions / registration call 800.272.3900

OFFICE FOR THE AGING

Free caregiver support and respite hours are available based on eligibility and availability. Contact Cathy Hummel at the Niagara County Office for the Aging at **716.438.3030**.

See pages 8-9 for virtual support groups, book clubs and education programs.

For information on free social programs in your community, visit our website at alz.org/wnyrespite.

NIAGARA COUNTY COMMUNITY FORUM

In partnership with Catholic Health

June 26, 5:30pm-7pm

Lockport Memorial Hospital, 6001 Shimer Dr., Lockport

Learn about Alzheimer's, dementia and memory loss in this community-focused listening session. Bring a friend and share your thoughts about how the Alzheimer's Association can help more people in your community. Refreshments will be served. Registration requested at bit.ly/AlzLockMemorial24.



ORLEANS COUNTY

For questions / registration call 800.272.3900

EDUCATION

Managing Money: A Caregiver's Guide to Finances

Wednesday, June 26, 6pm

Hoag Library, 134 S Main St., Albion

Understanding Alzheimer's and Dementia

Tuesday, July 9, 2pm

Orleans County Office for the Aging, 14016 Route 31, Albion

Exploring Care and Support Services

Wednesday, August 21, 6pm

Hoag Library, 134 S Main St., Albion

Foundations of Caregiving and Supporting Independence

Tuesday, September 10, 11:30am

Orleans County Office for the Aging, 14016 Route 31, Albion

Communicating Effectively and Responding to Dementia Related Behaviors

Thursday, September 12, 11:30am

Orleans County Office for the Aging, 14016 Route 31, Albion

SUPPORT GROUPS

Knowlesville Caregiver Support Group

2nd Wednesday of the month, 1-2pm

Church of the Abundant Harvest Fellowship Hall, 3619 Knowlesville Rd.

** Free respite may be available. Contact Cheryl Babcock at 585.704.8173 for details..*

OFFICE FOR THE AGING

Free caregiver support and respite hours are available based on eligibility and availability. Contact the Orleans County Office for the Aging at **585.589.3191**.

See pages 8-9 for virtual support groups, book clubs and education programs.

For information on free social programs in your community, visit our website at alz.org/wnyrespite.

WYOMING COUNTY

For questions / registration call 800.272.3900

EDUCATION

Managing Money: A Caregiver's Guide to Finances

Monday, August 5, 11am

Wyoming County Office for the Aging, 8 Perry Ave., Warsaw

Exploring Care and Support Services

Tuesday, September 11, Noon

Perry Public Library, 70 N Main St., Perry

SUPPORT GROUPS

Warsaw Caregiver Support Group

1st Monday of the month, 10-11am

Wyoming County Office of the Aging, 8 Perry Ave.

OFFICE FOR THE AGING

Free caregiver support and respite hours are available based on eligibility and availability. Contact Tanya Ludwig at the Wyoming County Office for the Aging at **585.786.8833**.

See pages 8-9 for virtual support groups, book clubs and education programs.

For information on free social programs in your community, visit our website at alz.org/wnyrespite.

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CARE CONSULTATION & OTHER SERVICES

Learn more about free services such as care consultations, driver evaluations, legal consultations and respite opportunities on pages 4-5 of this guide.

THIS IS WHY WE WALK.



At the Alzheimer's Association Walk to End Alzheimer's®, we're fighting for a different future. For families facing the disease today. For more time. For treatments.

We're closer than ever to stopping Alzheimer's. But to get there, we need you. Join us for the world's largest fundraiser to fight the disease.

**WALK TO END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION®

2024 National
Presenting Sponsor
Edward Jones®



Start a Team. Join a Team.

Register using the QR code or visit
your Walk's website.

ORLEANS COUNTY
Sat., Sept. 7 at 10 AM
State Street Park, Medina
act.alz.org/Orleans



GENESEE/WYOMING
Sat., Sept. 14 at 10 AM
Centennial Park, Batavia
act.alz.org/GeneseeWyoming



NIAGARA COUNTY
Sat., Sept. 21 at 10 AM
Reservoir State Park
act.alz.org/Niagara



BUFFALO
Sat., Sept. 28 at 9:30 AM
Outer Harbor
act.alz.org/Buffalo



CHAUTAUQUA COUNTY
Sat., Oct. 5 at 10 AM
Point Gratiot Park, Dunkirk
act.alz.org/Chautauqua



SOUTHERN TIER
Sat., Oct. 5 at 10 AM
JCC Campus, Olean
act.alz.org/SouthernTierWNY



Holistic, Person-Centered MEMORY CARE

- Secured Units
- Dementia-Specific Trained Staff
- Sensory Rooms
- Enclosed Outdoor Courtyard
- Respite/Short-Term Stays Available

ABSOLUTE CARE
OF AURORA PARK
NORTHGATE
HEALTH CARE FACILITY
living legends



East Aurora
(716) 652-1560

North Tonawanda
(716) 694-7700

Visit us at www.LivingLegendsHealth.com



Calling all retired teachers, social workers,
healthcare professionals and others!

Make a difference as a **COMMUNITY EDUCATOR**

Community Educators are volunteer public speakers who provide Alzheimer's Association education programs to community audiences. These volunteers deliver presentations using prepared training materials.

Interested in learning more?

Contact Kailea at kalalka@alz.org or 716.241.0352 or apply at bit.ly/ALZeducator

THE LONGEST DAY

ALZHEIMER'S ASSOCIATION

THERE'S STILL TIME TO SHED A LIGHT ON THE DARKNESS OF ALZHEIMER'S!



Join the Longest Day, our annual "do-it-yourself" fundraising program where individuals and businesses across Western New York take part in a fundraising activity of their choice to raise awareness and funds for WNY local programs and services.

Sign up by August 31
at alz.org/tld

Contact Kaitlyn Less at
kckelly@alz.org for more info.

WEEKLY E-NEWSLETTER

We have so many free programs going on all the time plus updates in research and of course, our annual events – the best way to stay connected is through our **E-Newsletter!** It will show up in your email every Wednesday and you can read it from your desktop, laptop, tablet or smart phone. Sign up takes less than a minute at: alz.org/e-news.

The programs and services featured in this program guide are funded, in part, by grants from the New York State Department of Health, New York State Office for the Aging, various local foundations, and generous contributions from individual and corporate donors.

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 [Alzheimer's Association WNY](https://www.linkedin.com/company/alzheimers-association-wny)

**Reach the Alzheimer's Association 24/7
at 800.272.3900.**

You can also contact our partners in your local
Office for the Aging:

Allegany County - 585.268.9390

Cattaraugus County - 716.373.8032

Chautauqua County - 716.753.4582

Erie County - 716.858.8526

Genesee County - 585.343.1611

Niagara County - 716.438.3030

Orleans County - 585.589.3191

Wyoming County - 585.786.8833

ALZHEIMER'S ASSOCIATION®

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